

#### THE MONTHLY NEWSLETTER OF SAN ACADEMY, TAMBARAM



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# WELCOME TO KG

# KRISHNA JANMASHTAMI CELEBRATION NURSERY,JR.KG & SR.KG - 05.09.23





Krishna Janmashtami was celebrated on 5th September with great enthusiasm and festivity by our little San stars at San Academy, Tambaram. The festival was presided over by our Principal Ms. Aparna Arulanandan with lighting of the lamp and religious fervour. The fragrance of flowers, soothing aroma of insense and the jingle of bells filled the air. Children of Nursery, Junior KG and Senior KG came dressed as Krishna and Radha in vibrant costumes. They danced joyfully to the beats of Janmastami songs and presented a fashion walk. Our tiny tots decorated beautiful Krishna finger puppets, crowns and headgears. Teacher spoke about the importance of the day and narrated a story about the birth of Krishna. Children enjoyed breaking the hanging clay pot. It was a memorable event.

#### **SPLASH POOL DAY**

**NURSERY - 11.09.2023** 





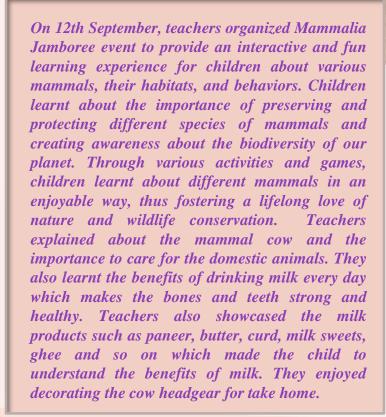
On 11th September, children of Nursery had special event Splash pool day. Through water play activities and hands-on learning, children developed important motor skills and coordination. They also learnt about the different animals that live in and around water, including fish, frogs, and other aquatic creatures.

Teacher taught them about the marine animals and water plants. They enjoyed watching the live fish swimming in the bowl. Children had so much fun playing water splash activity. They were given fishing rods and nets to play with the toy fish in a tub filled with water. Children also learnt about float and sink concept. As a part of this activity children made an aquarium.

#### **MAMMALIA JAMBOREE**

**Jr.KG-12.09.2023** 







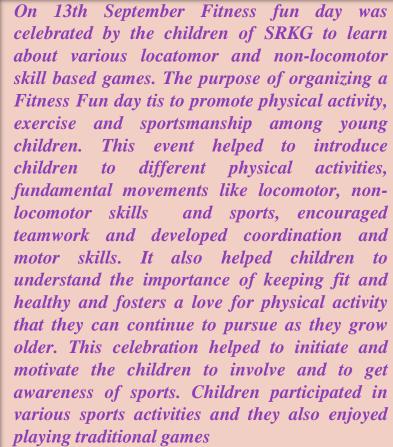




#### FITNESS FUN DAY SrKG – 13.09.2023









# **HINDI DIWAS**



On 13th September Fitness fun day was celebrated by the children of SRKG to learn about various locatomor and non-locomotor skill based games. The purpose of organizing a Fitness Fun day tis to promote physical activity, exercise and sportsmanship among young children. This event helped to introduce children to different physical activities, fundamental movements like locomotor, nonlocomotor skills and sports, encouraged teamwork and developed coordination and motor skills. It also helped children to understand the importance of keeping fit and healthy and fosters a love for physical activity that they can continue to pursue as they grow older. This celebration helped to initiate and motivate the children to involve and to get awareness of sports. Children participated in various sports activities and they also enjoyed playing traditional games

## GANESH CHATHURTHI CELEBRATION Nursery, JrKG and SrKG – 18.09.2023

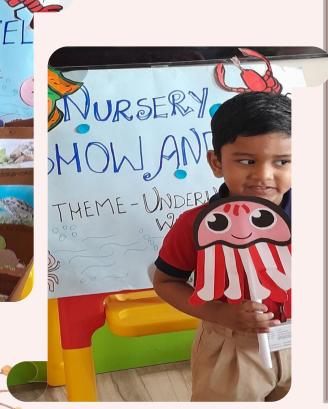


On 18th AugusSeptember, children of Nursery, JrKG and SrKG celebrated Ganesh Chaturthi. Ganesh Chaturthi is one amongst the consecrated Hindu festivals of our country. The festival is popularly known as Vinayaka Chaturthi, which is celebrated to mark the birth anniversary of Lord Ganesha. The teacher narrated a story of Lord Ganesh and his birth. Celebration included traditional activities such as singing devotional songs, enacting scenes from the life of Lord Ganesha, and making offerings of sweets and flowers to the deity. Children also participated in activities such as decorating Ganesha-themed crafts, and learning about the customs and traditions associated with the festival.



On 25th September, Children of nursery participated in Show and tell event. Children brought pla cards and some dressed up like water animals and explained about the given topics using the puppets and props. This event helped to foster early communication skills and encourage self-expression in young children. This activity provided an opportunity for young children to talk about their topic in front of their peers, helping to build confidence and selfesteem.

**SHOWAND TELL Jr.KG - 26.09.2023** 



On 26th September, Children of JRKG participated in the Show & Tell event based on the Theme -Mammalia month. Theme related topics of mammals were given to the children such as monkey, lion, zebra, Giraffe and so on. It gave a good platform for the kids to showcase their language, speaking, creative-thinking, presentation skills and social skills. Children performed with confidence. This activity helped the children to improve their communication skills. It helped to develop their communication skills, self-esteem, and confidence.

#### **SHOWAND TELL**

Sr.KG 27.09.2023



Show and tell gave the SrKG children an opportunity to express their ideas in front of their peers and speak about a topic that interest them or share something that they love. It helped them build confidence and also helped develop effective communication skills. Show and tell based on the theme fitness fun helped the children to know more about sports and games especially about our traditional games. This activity also helped the children to get ideas about various games and their rules and regulations, to identify athletic sports, ball games, board games, indoor and outdoor sports, water sports and recreational sports and the important values of playing games. Children participated with great enthusiasm.

#### **SELF CARE ACTIVITY**



Self-care is the necessity to do things that are good for our physical, emotional or psychological well-being.

In essence, it's doing something that helps the body, mind or soul to feel good.

For some, that can mean taking care of the physical health by going on a walk, eating nutritious foods, getting enough sleep or simply making sure to be able to fit in a shower each day. For others, it can mean nurturing the mental health with daily meditation sessions, practicing a hobby or connecting with friends and family.

And, in some cases, it can even mean setting healthy boundaries by giving yourself permission to turn down invitations to certain activities or to stop engaging in a negative relationship.

There's no one right way to practice self-care — it can take on a variety of forms depending on what you like and what you need.

"Self-care is anything that leaves a person feeling enriched or nourished.

As a part of POCSO activity importance of Self Care is emphazised to the students.

#### **HINDI DIWAS - 14.09.2023**



On 14th September, children of SRKG celebrated Hindi Diwas to recognize the significance of the Hindi language and to promote its use. The day marks the adoption of Hindi, written in Devanagari script, as one of the official languages of India. By celebrating Hindi Diwas, we instilled a sense of pride in the Hindi language and encouraged children to learn and use it as a means of communication. Children had a chance to experience the cultural and linguistic diversity of India and to develop a respect for the many languages spoken within the country. Children participated in various activities such as Hindi rhymes and slogan recitation, Hindi storytelling and Hindi diwas poster making.

### TEACHER'S DAY CELEBRATION

05.09.2023







San Academy organized Teachers' Day celebration on 5<sup>th</sup> September to recognize and appreciate the important role that teachers play in shaping the futures of children. Teachers were given 'best teacher ever' mementos. Teachers enjoyed participating in fun filled games and dance performances. It was memorable day.S

# INTERACT WITH CELEBRITY-27.09.23





Students in Grade IX participated in the celebrity interactive session on September 27, 2023. Students had a very good interaction with the Bollywood actor Mr. Ravi Dhubey and watched a very long monologue that carried a very important message touching upon topics such as the power of choices, societal norms and pressures, freedom of speech and expression, and more!

# INTRACT WINNERS











The students of grade 9, admin and teaching staffs visited to an Old Age home at Tambarm. Around 25 students participated for this noble cause and it turned out to be a huge sensation. The students reached the old age home at 10:30 am and started interacting with the old people living there. Every volunteer was able to bring a piece of smile on each one's face present there despite of the hardships that they had seen in their lives. In the entire session volunteers learned the importance of their parents and were told to reduce this generation gap which is the sole reason for rise in the number of these old age homes. All volunteer pledged to play their part to make this world a better The students of grade 9, admin and teaching staffs visited to an Old Age home at Tambarm. Around 25 students participated for this noble cause and it turned out to be a huge sensation. The students reached the old age home at 10:30 am and started interacting with the old people living there. Every volunteer was able to bring a piece of smile on each one's face present there despite of the hardships that they had seen in their lives. In the entire session volunteers learned the importance of their parents and were told to reduce this generation gap which is the sole reason for rise in the number of these old age homes. All volunteer pledged to play their part to make this world a better place to live in, which includes respect and care for our elders.place to live in, which includes respect and care for our elders.

# READING WEEK WINNERS









#### **WORKSHOP FOR TAMIL TEACHERS**





The teachers of Tamil department of SAN Academy Tambaram participated in a workshop conducted by the Tamil nadu government on 20th September 2023 and the Education Minister of Tamilnadu, Mr. Anbil Magesh Poyyamozhi inaugrated the workshop



# **NASA VIDEO**





