

SAN ACADEMY, TAMBARAM

JULY 2022 NEWSLETTER



San Academy organized "Intra school competition" which was held on 8th July 2022. This competition motivated the children to come forward and express themselves in various aspects of individual talents. The topic was also based on the area of interest for children that helped them enjoy the event. Nursery children coloured the given picture, JrKG children brought colourful paints and did vegetable printing and SrKG children brought cut out pieces of Tangram and arranged beautiful shapes of cat, dug and other animals. It helped to sharpen their memory improved their social skills



JR.KG - VEGETABLE PRINTING

| T I T I O M | 08-07-2022 <u>[</u> **---**



SR.KG - TANGRAM

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San Academy organized a field trip to Fun 2 Play to make the children experience being in an The amusement centre. amusement centre was filled with lots of games and joy rides. It also had a huge play area filled with sliders and colourful balls in ball pit. Children were given tokens to play various games and rides. They all enjoyed the toy elephant ride and the Minions ride. This field trip allowed them to learn about sharing and taking turns with peers. It developed their social skills. Kids enjoyed the trip.

NURSERY - 12-07-22

CENTE AMUSEMEN



NURSERY - 12-07-22

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San Academy organised a field trip to Fire Station to make the children understand community helper-Fireman and their workplace. Firemen in the fire station were very welcoming. They showed the children the tools used in the fire engine and gave a full tour the Fire engine and equipements kept inside. Children also learnt about the tools used to suppress the fire. Children made a fire engine craft by using paper plate. Children enjoyed the special day showing the innovative craft activity made by them. This activity helps them to understand the concept.

JR.KG - 13-07-22

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JR.KG - 13-07-22



JR KG B FIELD TRIP - FIRE STATION



JR.KG - 13-07-22

Field trip to Fitness Centre was organised to make the children understand the importance of healthy living and know more about the exercises and equipment used in a fitness centre. On 14th July, Children visited the local fitness centre. physical instructor The explained the importance of physical fitness by showing basic exercises to the children and they learned about the importance of staying healthy.

SR.KG - 14-07-22

Children had a tour of the gym and the equipment used to make a person physically fit. Instructor taught what fitness is and what people do in a fitness centre and also children learnt different kinds about of workouts. Children from each section were asked to do any kind of physical exercise which they enjoyed. This field trip was for the children helpful knowing the importance of fitness and how to keep their body fit.

SR.KG - 14-07-22



SR.KG - 14-07-22



SR KG A

Field trip Fitness Centre



SR.KG - 14-07-22



SR.KG - 14-07-22



Teachers organised the boogie woogie event for the children to have fun through some music and movement. Our tiny tots dressed up as rockstars with colourful attire, sunglasses and hats. Teacher played boogie woogie music. Children were asked to dance to the tune with actions and do the boogie woogie dance. Our tiny tots enjoyed the dance movements and song. Children were given various musical instruments to explore different sounds. They also made a small musical instrument.

NURSERY - 18-07-22





NURSERY - 18-07-22

Show & tell was organised on 19th July for JrKG children to understand the importance of the community helper, tools and their work place. Children dressed up as various community helpers. They spoke with confidence using props and placards. Children were with appreciation awarded cards. This event helped them to improve their communication skills.

JR.KG - 20-07-22

CONNECT COMMONITY SHOW AND



JR.KG - 20-07-22

CONNECT SHOW AND 11 Y-COMMINTY



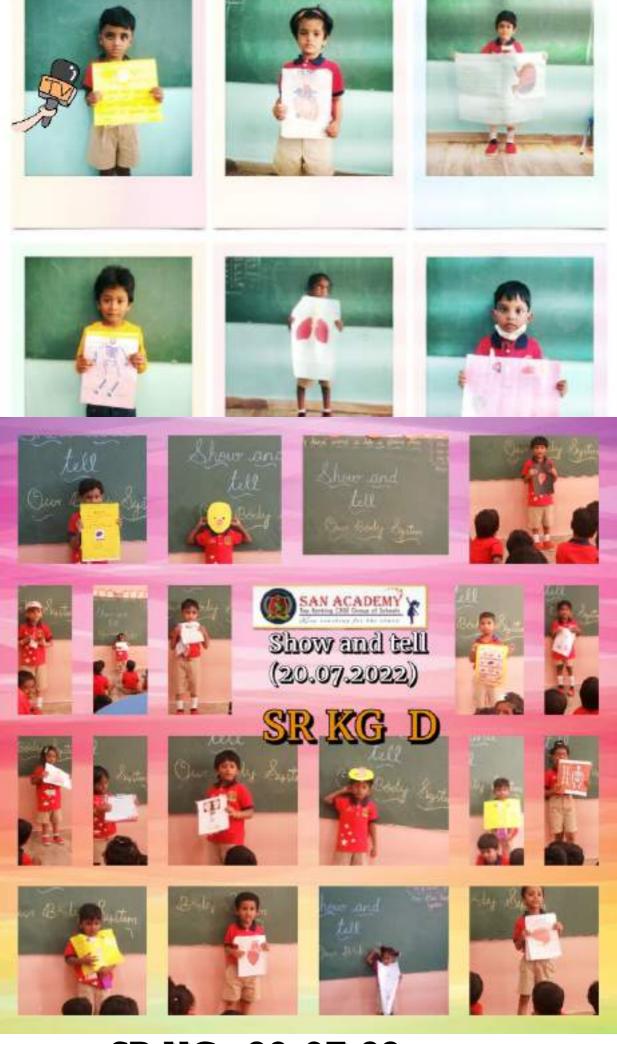
JR.KG - 20-07-22

Show and tell was organised for children to develop the confidence level and to give them opportunity to overcome their fear and present their feelings and thoughts. On 20th July children of Sr.KG performed their show and tell about the topic related to theme our body system. Children talked about different parts of the body, sense organs, process of digestion, etc. Children came out with different props for explaining the concept like charts and models which helped in developing their creative and innovative skills.

SR.KG - 20-07-22

This event helped the children in improving their confidence level and also to overcome their shyness. Children enjoyed talking on different topics which helped them in improving their communication skills as well. They presented their topic with great enthusiasm

SWSTEM



SR.KG - 20-07-22

SAN ACADEMY
Top Ranking CBSE Group of Schools
Keep tenching for the stars

SR KG A- Show and tell - July

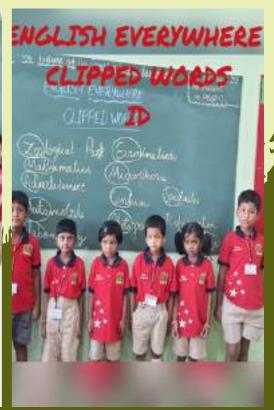




The English Language is becoming more and more common in the world. As a result, increasingly people are dedicating time to study English as their second language. In fact, many countries include it in their school syllabus to teach children this language from a young age. However, the true value of this language is that it helps remove many barriers from our life. Whether it is to find a new job or travel the world. In other words, it helps to progress in life both on a personal and professional level.

























































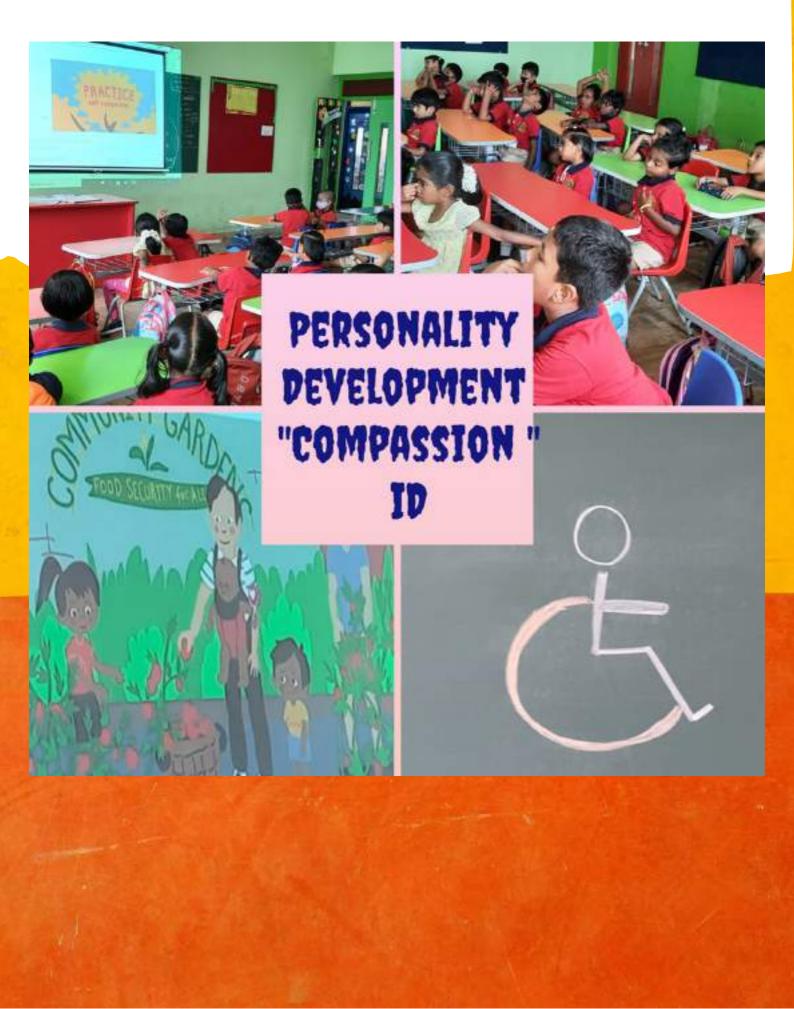
Personality Development should start early in a student's life which is a true reflection of their inner being. It can be defined as a set of traits that shape the inner and outer being in a person with organized pattern of behavior that makes a person distinctive. Character, behavior, attitude and environment are some of the qualities that shape an individual's persona. It helps gain confidence, selfesteem, positive impact on one's communication skills and the way one sees the world. Students should develop an outgoing and impressive personality that will enhance the quality of learning.

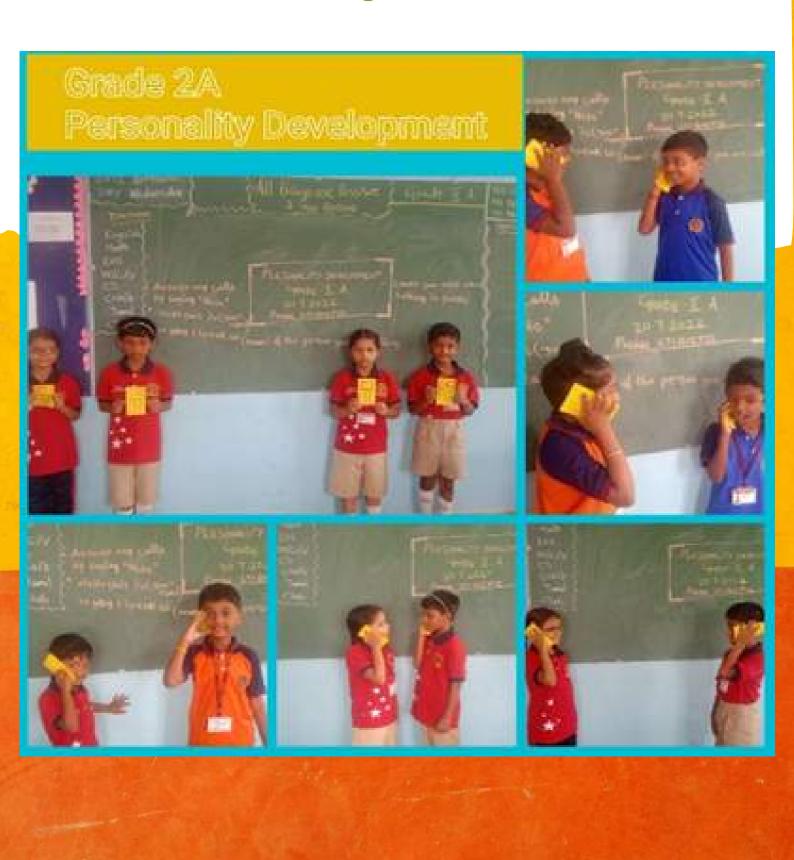








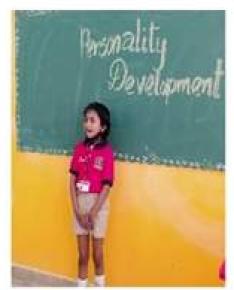




PERSONALITY DEVELOPMENT



PERSONALITY DEVELOPMENT













Plastic bags are, though, the very convenient easy choice of millions for multipurpose usage, its pollution is creating havoc on the planet globally. Plastic bags had easily replaced paper bags for their durability and flexibility, posing a potential threat to the environment and life of human beings and also animals. Humans had not recognized the disastrous consequences that overuse of plastic bags could lead. It has become important to stop the use of plastic bags and save our environment from its disastrous consequences. We must take immediate responsibility for the wellness of our planet and all its living forms, and take a pledge to not to use plastic bags in any form or for any purpose. We must pledge to use other sustainable alternatives such as bags made of paper or other biodegradable materials.























SAY NO TO PLASTIC



2-B



A healthy diet is essential for good health and nutrition.

It protects us against many chronic non communicable diseases, such as heart disease, diabetes and cancer. Eating a variety of foods and consuming less salt, sugars and saturated and industrially-produced transfats, are essential for healthy diet.

A healthy diet comprises a combination of different foods. These include:

Staples like cereals (wheat, barley, rye, maize or rice) or starchy tubers or roots (potato, yam, taro or cassava).

Legumes (lentils and beans).

Fruit and vegetables.

Foods from animal sources (meat, fish, eggs and milk).

Students must be aware of what they eat and the necessity of consuming nutritious food.

Planet Nutrition session focuses on the same.































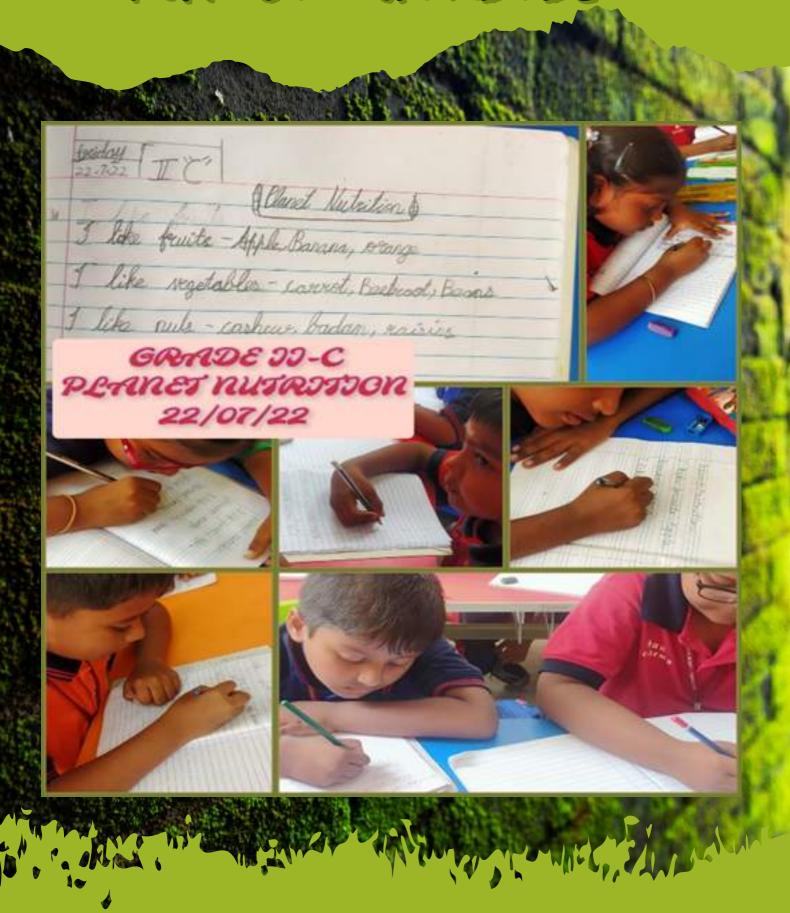






Planel Nutrilion Grade 2A





CULINARY CLUB - FLAMELESS COOKING

The Culinary Club provides an environment for students to, socialize, be creative, learn cooking skills, and have fun. The students are encouraged to participate and help lead the club in cooking activities. The purpose of our Culinary Club is to help spread knowledge about food through teaching and exploring the different aspects of the Culinary Arts. Our goal is to inspire others to pursue their Culinary Dreams. CULINARY CLUB Enhance cooking skills. Get familiarized with your kitchen. Increase cultural awareness. Improve self-confidence. Kick start a culinary career. Make healthy meals. PURPOSE The purpose of the Culinary Club is to provide an opportunity for students to discover their passion for the culinary arts.

INTRA CLUB ACTIVITIES





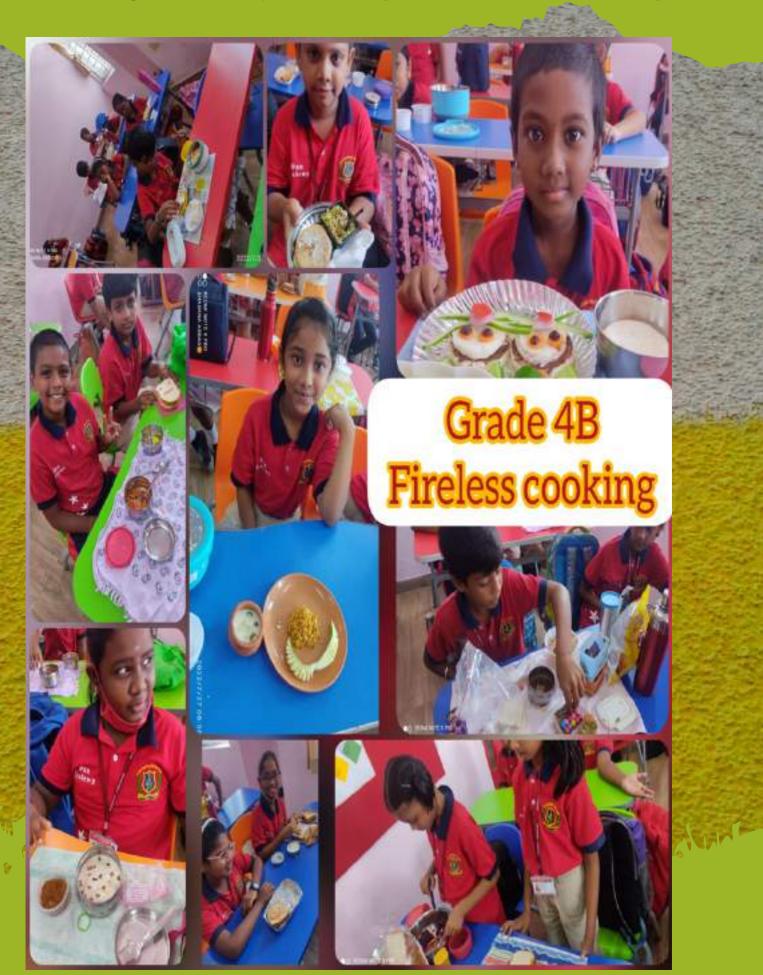




INTRA CLUB ACTIVITIES

































INTRA CLUB COMPETITION WINNERS







INTRA CLUB COMPETITION WINNERS









WELCOME

TO

GRADE VI TO VIII



08-07-2022 VACCINATION DAY

VACCINATION DAY

On 8th July 2022 the Government of Tamil Nadu has arranged a COVID vaccination "corBEvax" camp for grade 6–9 students and this vaccination was done by the "Tambaram Corporation officers". Parents are informed to be with their children when they get vaccination







VACCINATION DAY





FIRST AID AWARENESS PROGRAMME

NO BAG DAY

It is beyond that knowledge of first aid promotes a safer and healthier environment. Teachers and students with good knowledge of first aid are likely to be more alert and active. They make sure they are not vulnerable to any accidents or injuries. First aid promotes a sense of safety. Students of San Academy, Tambaram, were guided to make a first aid kit. They were also taken to a live First Aid Awareness demo session conducted by nursing supervisor Mrs. Jaba Prabha, Mrs. Krishnaveni, and Mr. Somasundaram from AG hospital. Students took an active part and learnt how to give first aid.





FIRST AID AWARENESS PROGRAMME

NO BAG DAY







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NO BAG DAY











INTRA COMPETITION

People's Movement Project of Clean City

ON TAMIL NADU GOVERNMENT'S PROJECT

INTRA COMPETITION

On 13th July 2022, an Intra competition was conducted at San Academy, Tambaram based on the Tamil Nadu Government's "தூய்மை நகரத்தின் மக்கள் இயக்கம் திட்டம்" (People's Movement Project of Clean City).

The topics for essays, poster making, poems, and oratory were given to the students, and they prepared well and attended the competition for the same. The students performed enthusiastically and it was monitored by the Sanitary Inspector of Tambaram. The students were called individually, and the content was read and appreciated by Mr. Nagarajan, the Sanitary Inspector of Tambaram Municipality.





INTRA COMPETITION

People's Movement Project of Clean City

ON TAMIL NADU GOVERNMENT'S PROJECT



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INTRA COMPETITION

The students were called individually, and the content was read and appreciated by Mr. Nagarajan, the Sanitary Inspector of Tambaram Municipality.



19-07-2022 PRIZE DISTRIBUTION

People's Movement Project of Clean City

ON TAMIL NADU GOVERNMENT'S PROJECT

PRIZE DISTRIBUTION

The students were given appreciation certificate from Tambaram corporation for the winners on 19thJuly 2022.









19-07-2022 PRIZE DISTRIBUTION

People's Movement Project of Clean City

ON TAMIL NADU GOVERNMENT'S PROJECT









INSTALLATION

OF INTERACT CLUB

Rotary International's service club

INTERACT CLUB OF SAN ACADEMY TAMBARAM

Interact is Rotary International's service club for young people ages 12 to 18. Interact clubs are sponsored by individual Rotary clubs, which provide support and guidance, but they are self-governing and self-supporting.

The Rotary Club of Madras Gold Coast sponsored the Interact club of San Academy, Tambaram. On July 19th, 2022, Rotarian Usha and Interact Coordinator Annie hosted an orientation session for students in grades 8 and 9. At San Academy, Tambaram, the Interact Club were installed on July 20th, 2022 by the chief quest, Rtn.Aloke Mimani, the President of Madras West Round Table 10 and the Rotary Club of Chennai capital. Rotary President Rtn. Vanitha gave a welcome address, followed by the chief guest's motivational speech. Then the installation function was done in a grand manner. Master. Riteesh was collared as the President of the Interact Club, Ms. Shraddha as the Secretary, and Ms. Liteesha as the Treasurer and the office bearers were honoured. Our Principal felicitated the gathering. Then the students took their oath and the meeting was called to order.

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Rotary International's service club

INTERACT CLUB OF SAN ACADEMY TAMBARAM







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INTERACT CLUB OF SAN ACADEMY TAMBARAM









Dr. A.P.J Abdul kalam ANNIVERSARY

COMMEMORATION

Dr. A.P.J Abdul kalam

Our Great Scientist, The Missile Man of India, Avul Pakir Jainulabdeen Abdul Kalam's 7th year death anniversary is on July 27, 22. Students of San Academy Tambaram are drawing his picture. Watching his motivational speech and writing quotes by Abdul Kalam This is a great memory day. Thanks to management.





INTRA CLUB COMPETITION

CULINARY CLUB

27-07-2022

FLAMELESS COOKING

Culinary club provides an environment for students to socialize, be creative, learn cooking skills and have fun. The students are encouraged to participate and lead the club in cooking activities. The purpose of our culinary club is to provide an opportunity for students to discover their passion for the culinary arts.

Students brought various ingredients like sprouts, mixed fruits and vegetables, bread, salt, pepper and honey for making healthy food. And students were assessed under the categories of

- **·**CREATIVITY
- **·PRESENTATION**
- **-TASTE**
- **ORIGINALITY**
- **-NEATNESS**
- ·NUTRITIONAL VALUE (SPEECH)

Students took active participation and presented their dishes, with health benefits of it. Respective class teachers conducted the club activity and selected the first three positions in their class. The winners were given certificate and medals.

INTRA CLUB COMPETITION

CULINARY CLUB





INTRA CLUB COMPETITION

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INTRA CLUB COMPETITION

CULINARY CLUB







INTRA CLUB COMPETITION WINNERS

CULINARY CLUB









SAN IN PRINT MEDIA

INVESTITURE CEREMONY



First investiture ceremony at San Academy

eaders are not born but are made by their experiences in life". To inculcate the leadership qualities in the students and to give them a feel of functioning of the administrative body. San Academy, Tambaram prefectorial board was formed after scrutinous interviewing and selection.

The Investiture Ceremony for the academic year 2022-23 was held on the 30th June 2022. The chief guest for the event was Sesha M. Sai – Founder of Farm Guru.

The march by all the prefects was a spectacular event which set the mood for the event. In his address, the Chief Guest Sesha M. Sai appreciated the efforts by the school for providing opportunities to







the students to take part in activities like these. He also con-

gratulated the newly appointed school prefectorial board for their preparedness to take responsibilities. The outgoing head boy and head girl shared their experiences and gratitude to the teachers and management in their speech.

The Oath taking ceremony was led by the Head Boy and Head Girl. The school Principal Aparna Arulandan wished the student leaders in completing responsibilities entrusted to them in the year ahead.



SAN IN PRINT MEDIA

FIRST AID AWARENESS DAY

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No Bag Day, First Aid awareness held



Awareness Programme 09.07.22. It is beyond that knowledge of first aid that promotes a safer and healthier environment. Teachers and students with good knowledge of first aid are likely to be more alert and active.

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SAN IN PRINT MEDIA

TN GOVERNMENT'S PROJECT





Intra competition on TN government's project



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The topics for essays, poster making, poems, and oratory were given to the students, and they prepared well and attended the competition for the same. The students per-

formed enthusiastically, and it was monitored by the Sanitary Inspector of Tambaram. The students were called individually, and the content was read and appreciated by Nagarajan, the Sanitary Inspector of Tambaram Municipality. The students were informed that they will be given an appreciation certificate from Tambaram corporation for their eager participation.













SAN IN PRINT MEDIA

INTERACT CLUB'S ORIENTATION SESSION









