

# SAN ACADEMY, TAMBARAM

## NEWSLETTER - JUNE 2022



**MD-MS.ARCHANA.R**

**PRINCIPAL -MS.APARNA**





# WELCOME TO KINDERGARTEN



# World Ocean Day Nursery, JR.KG, SR.KG 8-06-2022



On 8th June, children of Nursery, JrKG and SrKG celebrated World Ocean Day, Children dressed up in blue costume for world ocean day. Some children came dressed up as ocean animals and some brought marine animal props. Teacher explained about ocean pollution and not to dispose plastic waste in water bodies and beach, the children learnt to save our ocean. Two children from each class spoke about their favourite ocean animals. All children sang and danced for the baby shark song. Children were so happy and excited to sing that song. Children enjoyed the Ocean Day Event





# World Ocean Day Nursery, JR.KG, SR.KG 8-06-2022







# Father's Day – SR.KG

## 20-06-2022

Children of Nursery, JrKG and SrKG celebrated Father's day. To make the children realize the unique role play by the fathers and honoring the contribution of fathers towards their family and society. Children made decorative neck tie for their father. They enjoyed making them and they made their parent feel special on that day. Father and child together clicked memorable photos with the selfie booth. Fathers of JrKG children posted photos of father and child cooking a special dish together. Fathers of SrKG children enjoyed making colourful father & child memory palm prints.







# Father's Day – JR.KG 20-06-2022







# Father's Day – JR.KG

## 20-06-2022





# International Yoga Day

## SR.KG - 21-06-2022



Teachers of San Academy organized International Yoga day to make the children understand the value of yoga and its benefits, thus motivating the kids to adapt yoga in their daily life to lead a healthy life. On 21st June International yoga day was celebrated by our students. Children were dressed in white attire. Yoga teacher demonstrated to children the 5 yoga poses. Teacher spoke about yoga's benefits and children showed great enthusiasm in performing yoga poses such as suriya namaskar and chinmuthra..





# Show and tell - Me & My Environment – JRKG - 22-06-2022



Show & tell was organized for children of JrKG to learn about the family and environment. Children brought colourful props and placards. They spoke confidently about body parts, family members and national symbol. Children were awarded with appreciation e-cards. This event helped them to improve their communication skills.



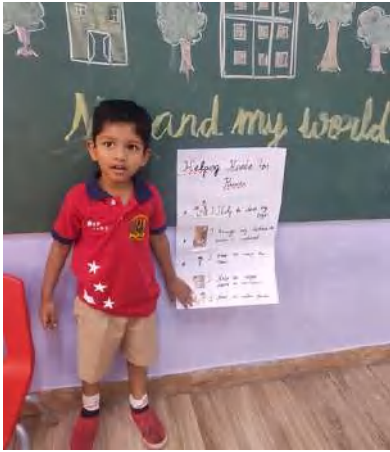
# Show and tell - Me & My Environment – JRKG - 22-06-2022





# Show and Tell – Me & My World -SR.KG

23-06-2022



Show and tell was organized to develop the self confidence in the children and give them opportunity to overcome their fear and present their feelings and thoughts. On 23rd June children of Sr.KG performed their show and tell about the topic related to theme me and my world. Children spoke about my family, types of houses, school routine, helping hand for parents. Children came out with different props for explaining the concept like charts and models which helped in developing their creative and innovative skills. Children enjoyed talking on different topics which helped them in improving their confidence and communication skills. They presented their topic with great enthusiasm.



# Grandparent's day – Nursery -27-06-2022



Nursery children of San Academy celebrated Grandparent's day event to discuss about the importance and role of grandparents in every family. Grandparent's day event started with a warm welcome. Fun filled games were organized for the grandparents followed by a tea party. Later the teacher discussed about the role of grandparents. Children were asked to speak about their grandparents. They were taught how to make grandfather and grandmother puppets children enjoyed this special day.





**WELCOME  
TO  
GRADE I TO V**

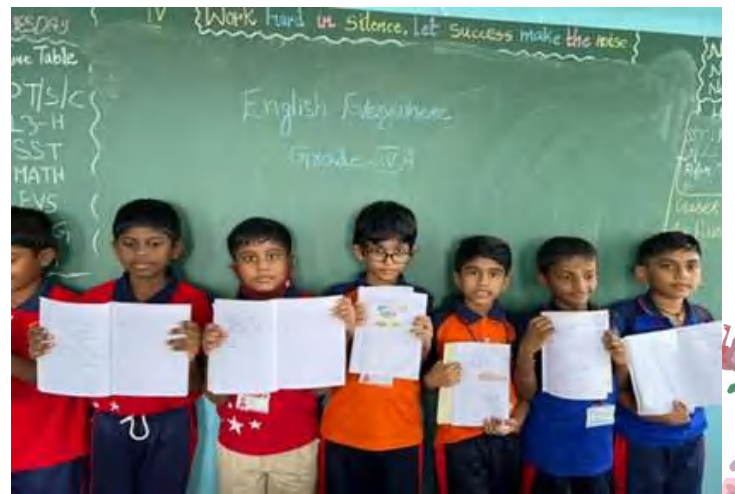




# ENGLISH EVERYWHERE

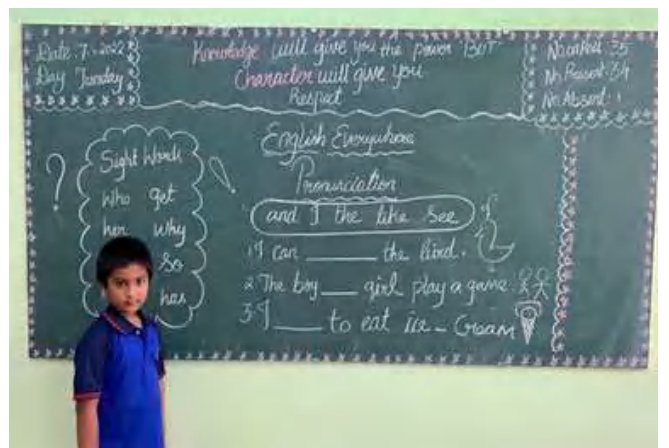
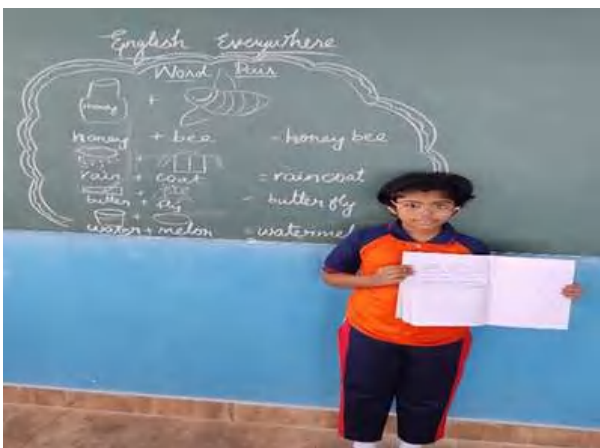
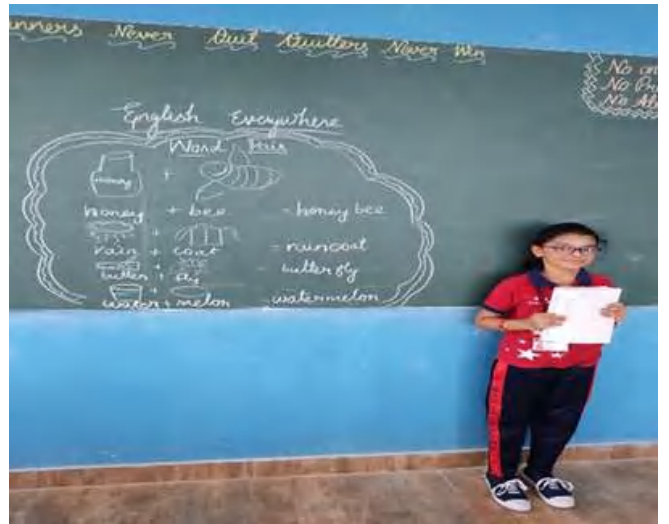
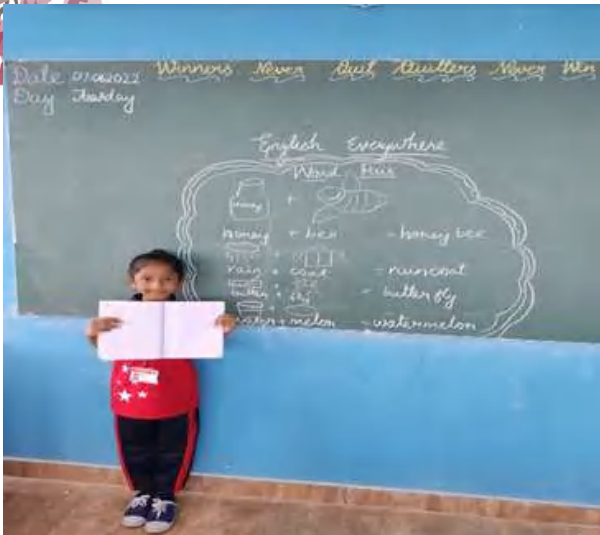


English is the only language which is the common language of the whole world. It is spoken all over the world and is becoming more and more common in the world. As a result, increasingly people are devoting time to study English as a second language. In fact, in many countries, it is included in the school curriculum to teach this language to children from a young age. Most of the English language helps a lot in our life, like finding a job, traveling to other countries. In this way you need to know the importance of English language.



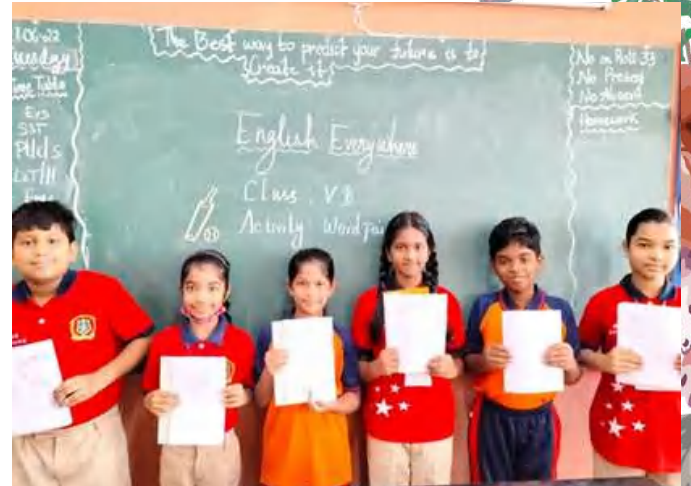
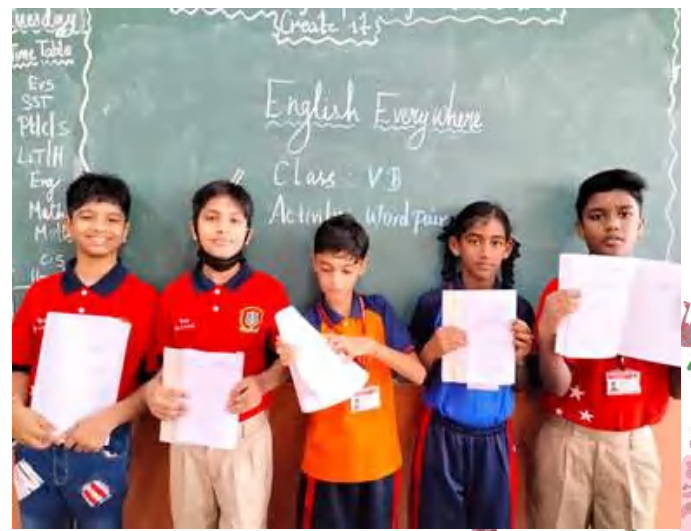


# ENGLISH EVERYWHERE



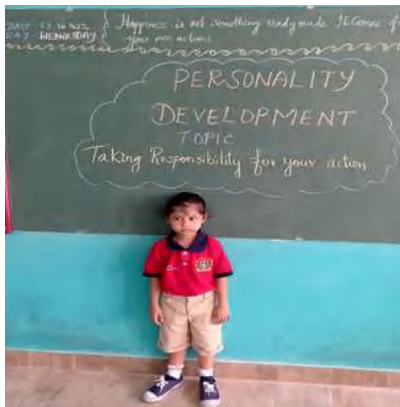


# ENGLISH EVERYWHERE





# PERSONALITY DEVELOPMENT



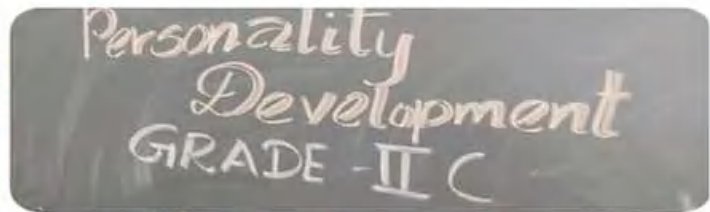
Personality development is about building one's capacities, nurturing talent, enhancing new skill sets, working on weaknesses, and transforming them into strengths.

To be a more charismatic person, one has to develop the inner self as well as the outer self. The importance of personality development is undisputed in personal and professional life.



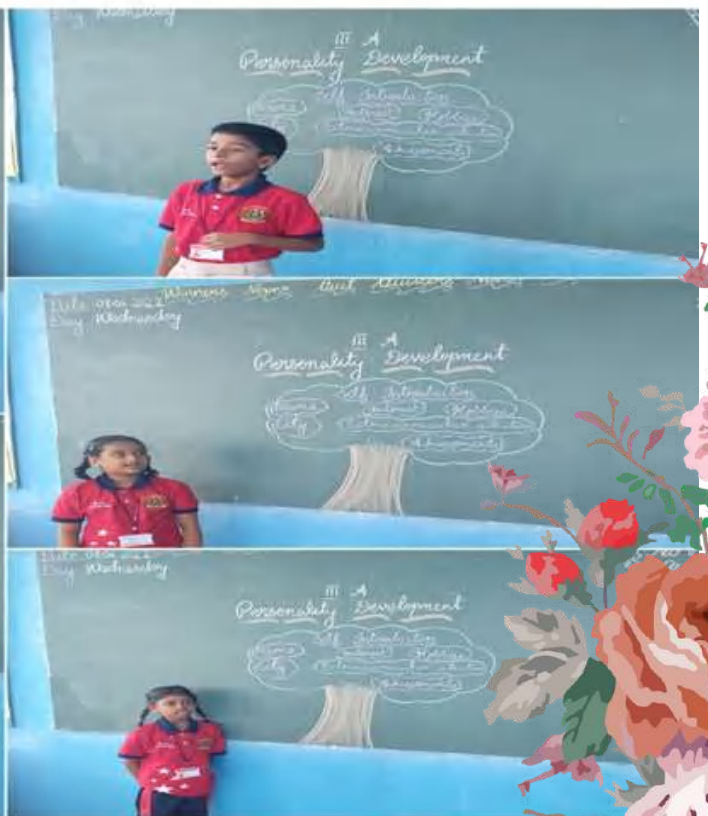
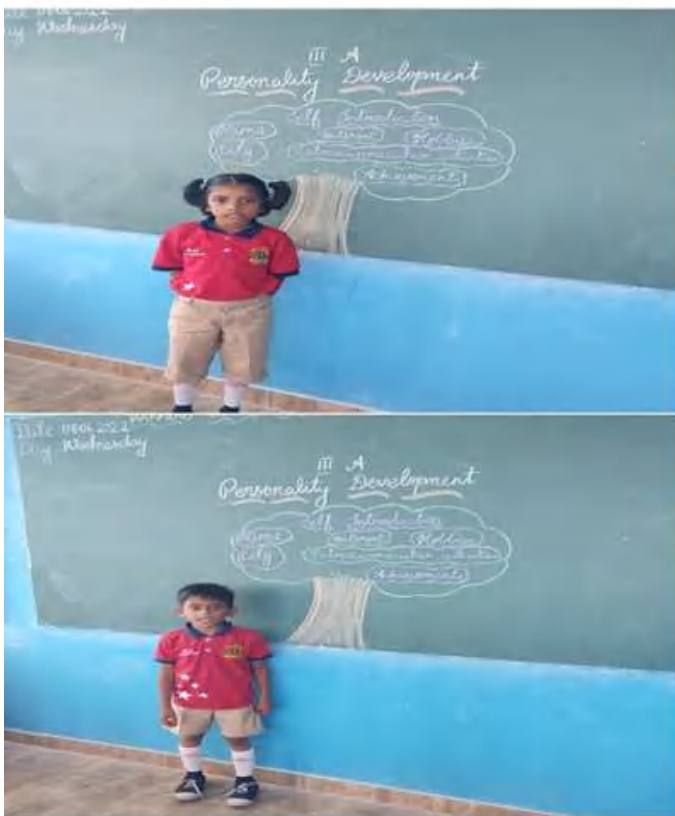


# PERSONALITY DEVELOPMENT



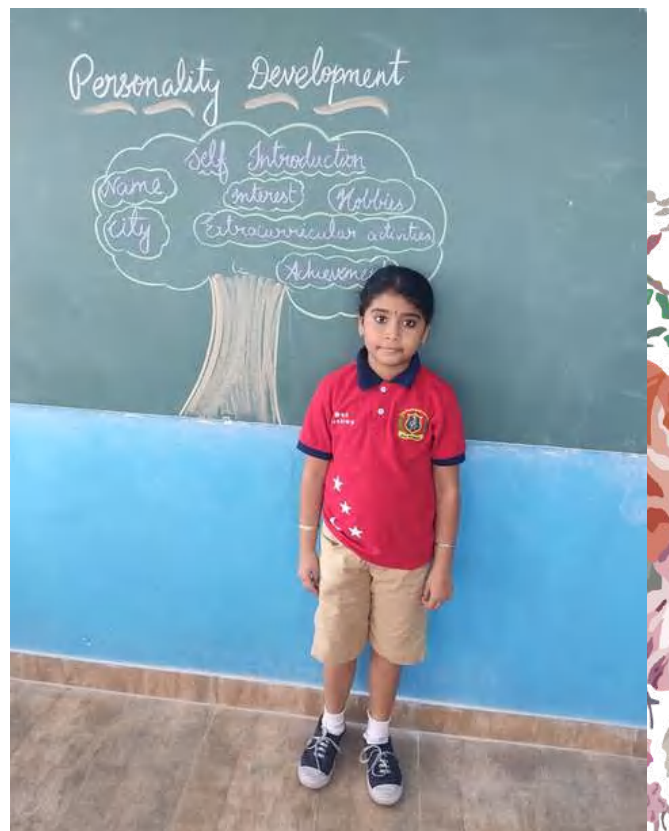


# PERSONALITY DEVELOPMENT





# PERSONALITY DEVELOPMENT





# NO TO PLASTIC

The world is a victim of 'use and throw' cheap plastic cutleries when it comes to occasions like birthdays, anniversary parties, and so on. Plastic spoons, plates, cups, bowls, glasses are usually bought in bulk as these are dirt cheap and add to the pile up of non-biodegradable trash in our trenching grounds after being discarded. Replacing plastic cutlery with paper has its own set of environmental issues like cutting down of trees. Instead go the traditional way and use banana leaves to serve food, use steel glasses, bowls and spoons or simply serve finger foods that don't require utensils.

Pens, containers, straws, pill bottles, yogurt cups, ketchup pouches, etc. are items which are used only once and then discarded. Though these items may seem insignificant, these may take anything from 6 months to 10 years to decompose. However, good news is that smart choices can be made and each of these items replaced without hampering day to day functions or drastic changes to lifestyle.





# NO TO PLASTIC





# PLANET NUTRITION

The importance of a balanced diet can't be emphasized enough for a healthy lifestyle. A healthy lifestyle can be attained by maintaining a balanced diet and keeping into consideration to meet all the essential nutrients required by the body. A proper meal plan helps to attain ideal body weight and reduce the risk of chronic diseases like diabetes, cardiovascular and other types of cancer.

What is a balanced diet?

But what exactly is a balanced diet? In simple words, it's a diet that offers the nutrients to help your body function properly. The importance of diet lies in the intake of the right amount of calories. Your body gets the right nutrition when you consume a wide variety of food rich in calories such as fresh fruits and vegetables, whole grains, and proteins.



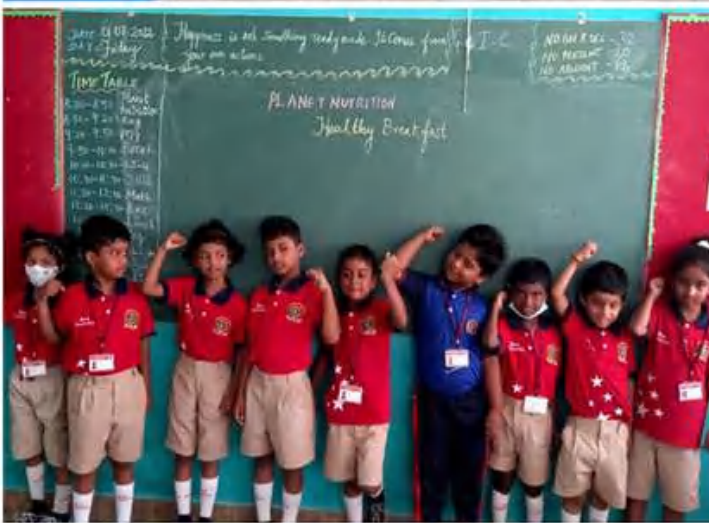


# PLANET NUTRITION





# PLANET NUTRITION





# LUMINESCENCE CLUB

The purpose of Creative Club is to make School environment more creative and interesting. The club focuses on churning out different ideas from students which in turn helps in enhancing their individual thinking and perspective. Selecting the best idea and implementing that, helps in improving learning, decision making, imagination, collaboration and teamwork among students. Creative Club helps students to enhance their creative skills. The creativity club is not just about being Creative it also involves management skills. Creativity is something reserved for just the artists. Creative Club is also responsible for the Aesthetics of the events carried out throughout the year.

The art of pot painting is oftentimes described as therapeutic and relaxing. While painting, your mind and body are in natural synergy, wrapped around your creative ambitions and goals. This thoughtful, artistic activity can open up the mind and relieve you of outside worries.





# LUMINESCENCE CLUB

IC  
CLUB ACTIVITY





# LUMINESCENCE CLUB





# LUMINESCENCE CLUB





# LUMINESCENCE CLUB

Painting Competition





# NO BAG DAY

The problem of heavy backpacks in schools can't be overseen as it hampers the overall growth of a child. With the rise in syllabus, students are forced to carry a bunch of heavy study material, including their standard needs like lunch boxes and water bottles. As a result, it takes a physical toll on them and the mechanical burden on their spine increases. It ultimately results in weaker bones, joints and thus affects their overall growth.

In 2017, 'No Bags Day' was announced to be implemented in all schools by the Department of Public Instruction (DPI). Experts believe this can help reduce frequent back problems in children.

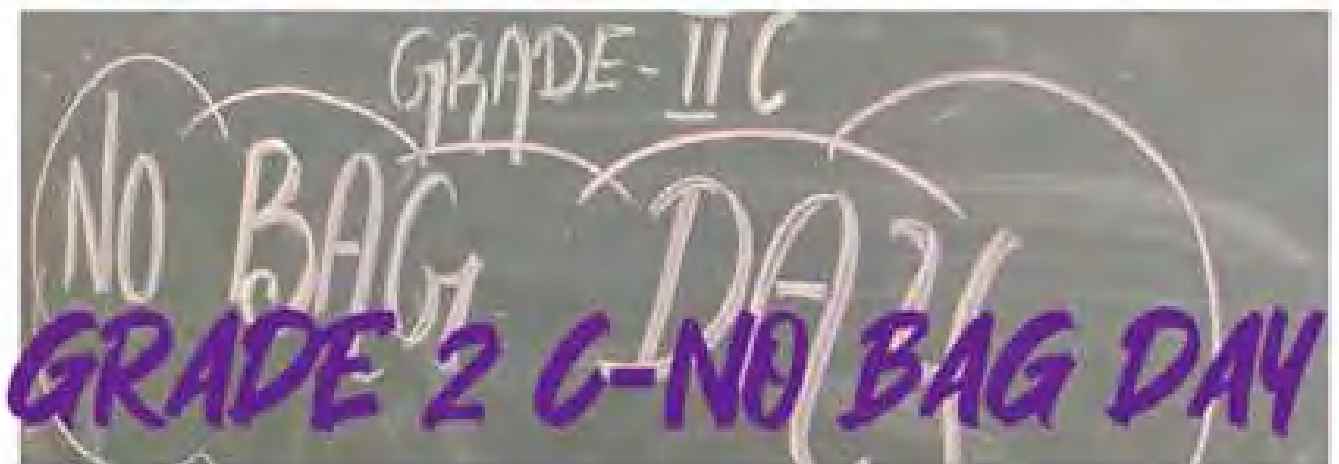
## NO BAG DAY ON 11 TH JUNE

"The timetable remained the same, while the day's activities were held without the use of textbooks." Teachers held quiz, debate and painting competitions for children. The children were made to read books in the library which helped them to gain knowledge and apply their learnings. While reducing the burden of carrying books to school, it also enhanced the learning experience as what they learnt on that special day through different teaching methods which left a stronger impression on their minds.





# NO BAG DAY





# NO BAG DAY





# NO BAG DAY

## No Bag Day Activities-I-D



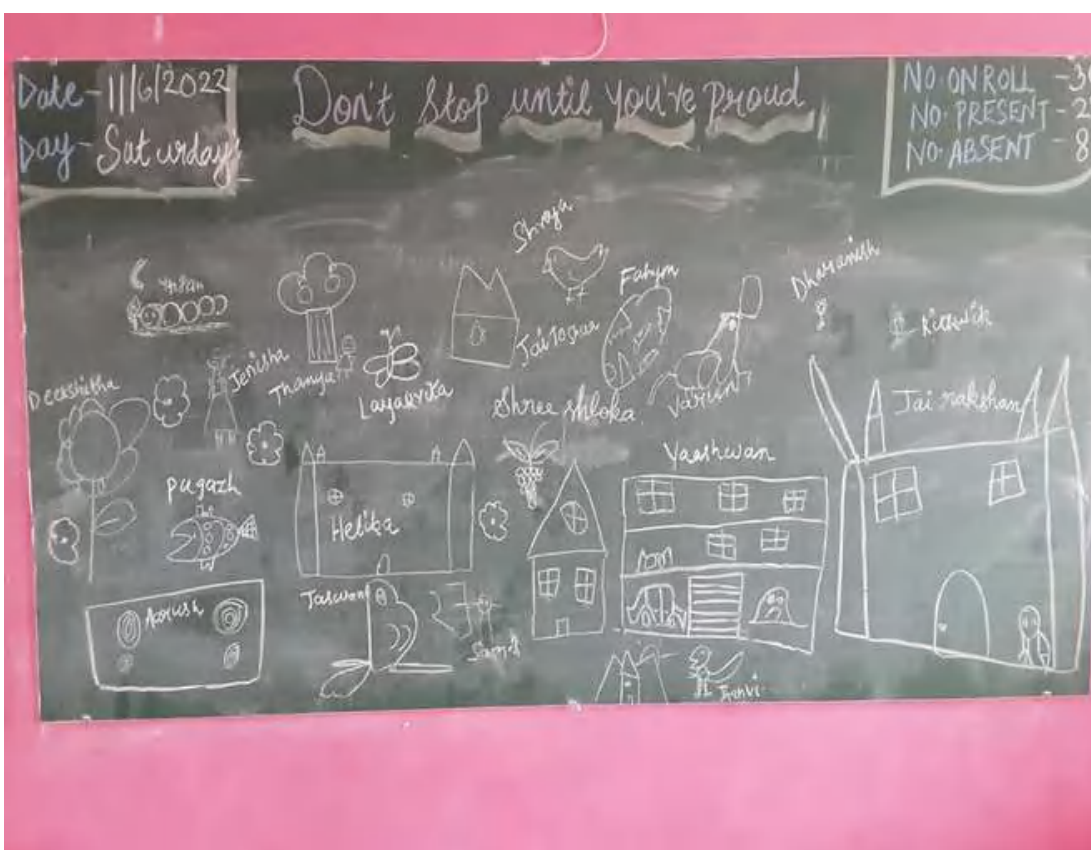


# NO BAG DAY





# NO BAG DAY





# FIELD TRIP-GRADE 1- GUINDY PARK-17-06-22





# FIELD TRIP-GRADE 1- GUINDY PARK-17-06-22





# FIELD TRIP-GRADE 1- GUINDY PARK-17-06-22





# GRADE II - ARINGAR ANNA ZOOLOGICAL PARK 13-06-22





# GRADE II - ARINGAR ANNA ZOOLOGICAL PARK 13-06-22



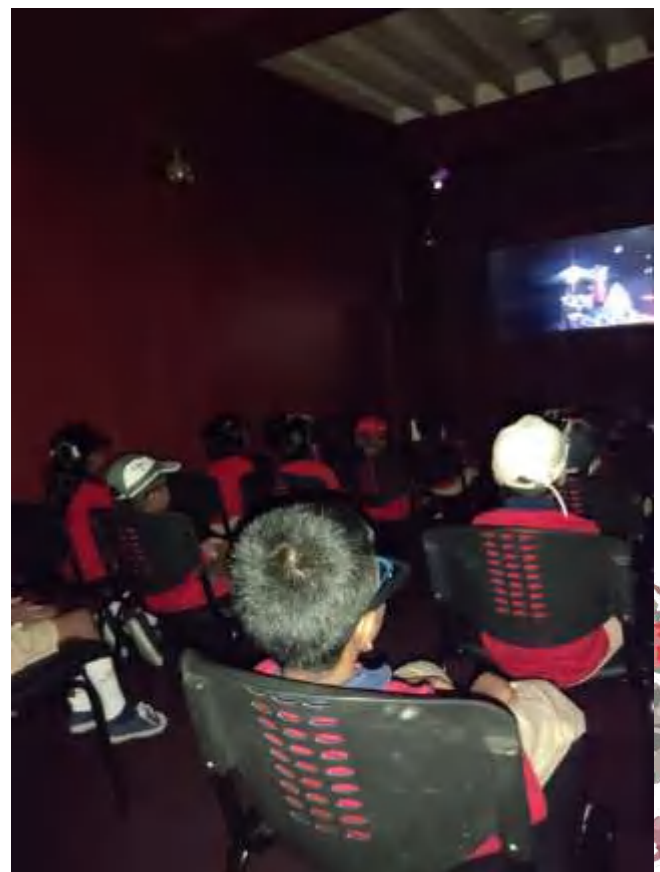


# GRADE III-VIVEKANANDA HOUSE -14-06-22





# GRADE III-VIVEKANANDA HOUSE -14-06-22





# GRADE III-VIVEKANANDA HOUSE -14-06-22





# GRADE IV- DAKSHINACHITRA-16-06-22





# GRADE IV- DAKSHINACHITRA-16-06-22





# GRADE IV- DAKSHINACHITRA-16-06-22





# GRADE V CHOLAMANDAL ARTISTS VILLAGE-16-06-2022





# GRADE V CHOLAMANDAL ARTISTS VILLAGE-16-06-2022





# GRADE V CHOLAMANDAL ARTISTS VILLAGE-16-06-2022







**WELCOME  
TO  
GRADE VI TO IX**





# BICYCLE RALLY ON THE WORLD ENVIRONMENT DAY 06-06-22

On 6th June 2022 the students of San Academy , Tambaram conducted a bicycle rally to create an awareness on save our Environment . Our Principal Ms. Archana Arulanandan inaugurated the programme and students of grade 7 to grade 9 participated in this rally . Students raised some slogans and hold placards during their rally.



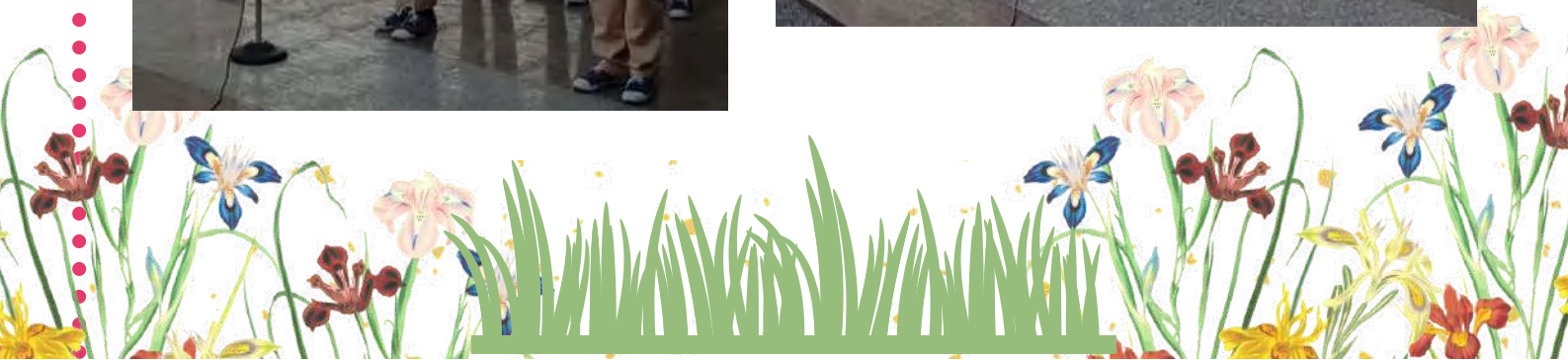




# WORLD FOOD SAFETY DAY

## 08-06-2022

On 8th June 2022, the Sanites of grade 6-9 conducted a thematic assembly on World Food safety Day. Students gave speech and made posters and took an oath on Don't Waste food.







# FIELD TRIP TO A FARM LAND 18-06-2022

Students of grade 6-9 were taken for a field trip to "FARM GURU" a farm land on Saturday 18th June

A trip to the farm is all it takes to live the farm life, albeit for a day. The open expanse of the farm land, fresh air with the smell of the soil, the beauty of lush green paddy fields and the songs of the birds on the trees, which transported them to the world of nature for which they have heard so far.

Students were welcomed by Mr. Sesha M Sai the founder of Farm Guru. He motivated the kids with his humorous speech and told the importance of organic farming.

After the speech the students were taken to various farming activities of ploughing, sowing, harvesting, threshing and winnowing. Students were given tender coconut and provided an organic food as lunch. Students were taken for a bullock ride and allowed to take bath in motor pump water.

Thus, our students of San Academy Tambaram, felt the value of each grain and took an oath that they will not waste food henceforth and also understood the endless efforts of our farmers.







# FIELD TRIP TO A FARM LAND 18-06-2022







# FIELD TRIP TO A FARM LAND 18-06-2022







# FIELD TRIP TO A FARM LAND 18-06-2022







# SCHOOL ELECTION

Electing a student council helps promote a favourable climate for student life. By choosing their own representatives, students also gain a better understanding of the electoral process. At San Academy Tambaram, election was conducted in as per political process.

An Election committee was appointed. The committee announced the call for nominations for head boy/girl and deputy head boy/girl positions fifteen days before the election.

Nominees were asked to complete biographical sketches, which include digital photos of their logo and manifesto. Materials submitted from nominees were reviewed and compared to the skill sets of each position. The Election Committee hold the interviews with the nominees for candidates and selected the eligible candidates.

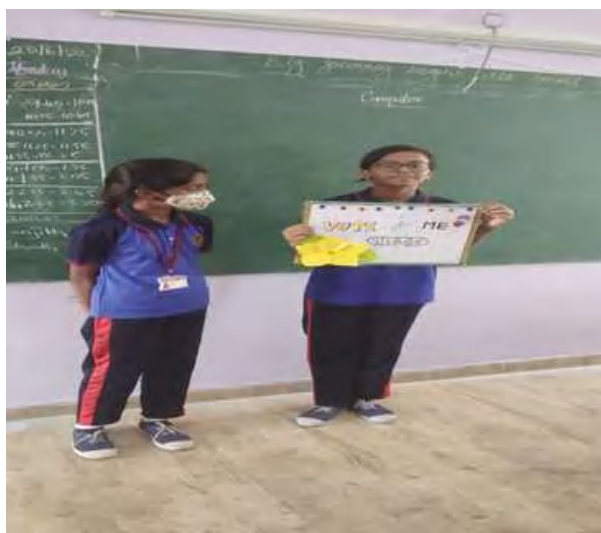






# CLASS WISE CANVASSING

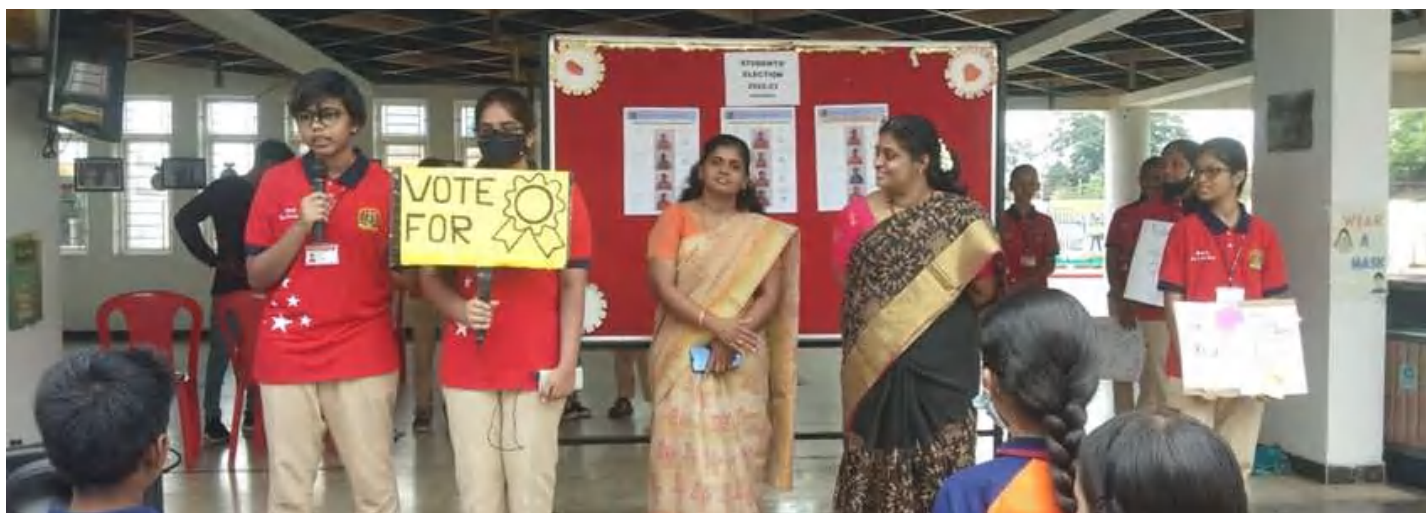
The Candidates went for class wise canvassing and by presenting their manifesto the candidates oration was happened at the assembly.







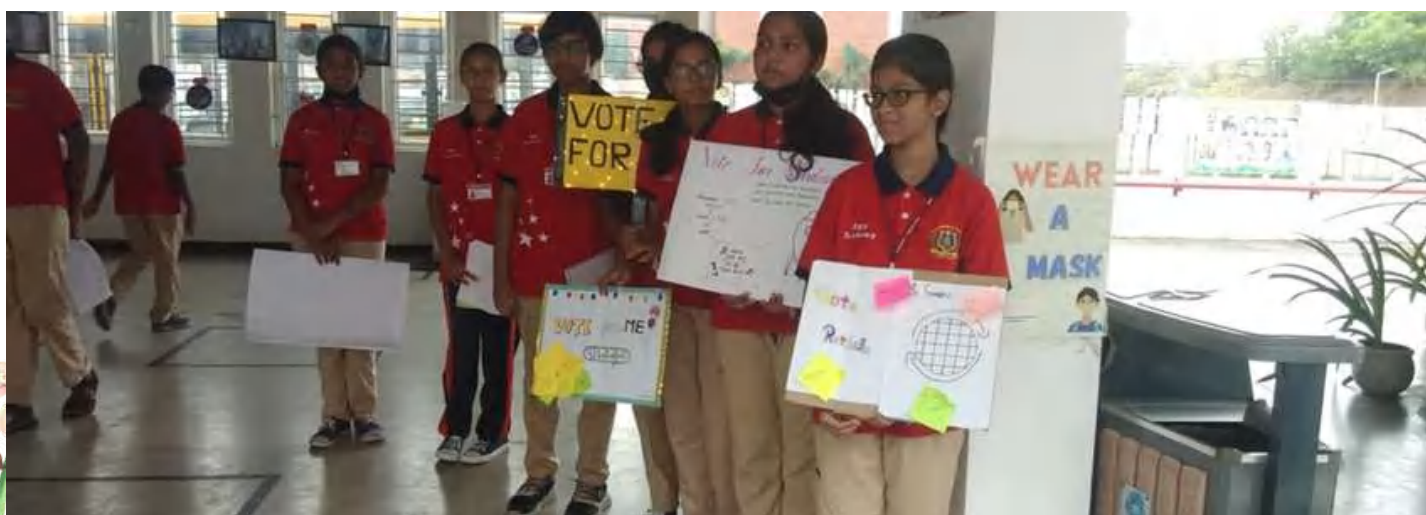
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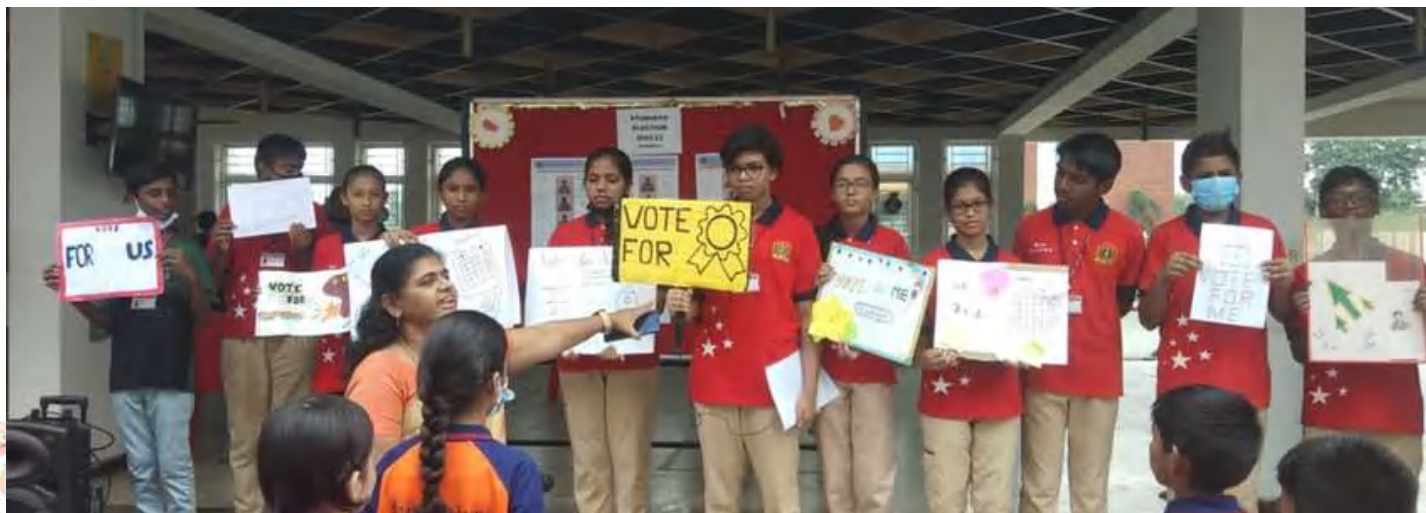
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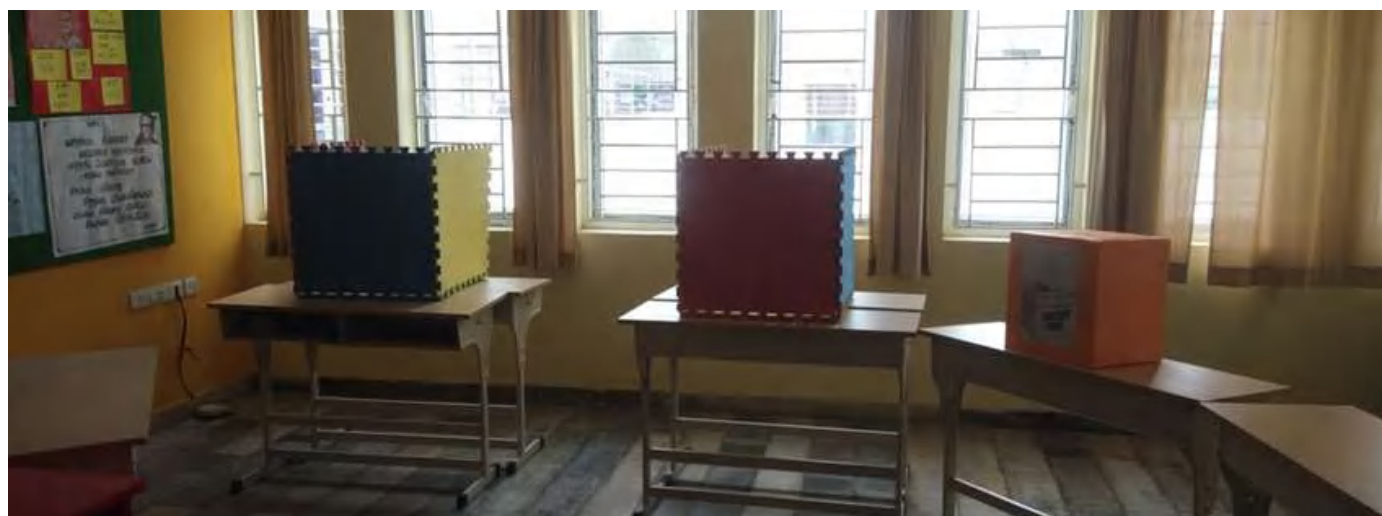






# ELECTION 23-06-2022

Election was conducted on 23rd June 2022 and the result were announced on 24th June 2022.







# ELECTION 23-06-2022







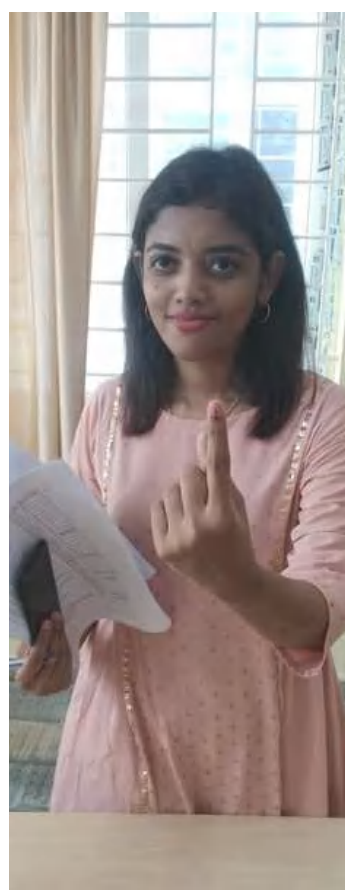
# ELECTION 23-06-2022







# ELECTION 23-06-2022











# ELECTION RESULTS 24-06-2022



SAN ACADEMY GROUP OF SCHOOLS, TAMBARAM

## STUDENT COUNCIL ELECTION 2022-2023- RESULTS


S.NO	NAME	GRADE	CANDIDATES	POST
1	LALITH ADHITHYA.C	IX A		SCHOOL HEAD BOY
2	SREE MITHRA.M	IX A		SCHOOL HEAD GIRL
3	ROHAN . B	VIII A		DEPUTY HEAD BOY
4	SREE AVANTIKA.M	VIII A		DEPUTY HEAD GIRL







# ELECTION RESULTS 24-06-2022

 SAN ACADEMY GROUP OF SCHOOLS , TAMBARAM				
STUDENT COUNCIL ELECTION 2022-2023- RESULTS				
S.NO	NAME	GRADE	CANDIDATES	POST
1	VISHAL .S	IX A		AGNI HOUSE CAPTAIN
2	RISHITHAA.K	IX A		AAKASH HOUSE CAPTAIN
3	LIYA HARIHARAN	VIII A		AGNI DEPUTY HOUSE CAPTAIN
4	ANOUSHKA.A	VIIIA		AAKASH DEPUTY HOUSE CAPTAIN









# ELECTION RESULTS 24-06-2022



SAN ACADEMY GROUP OF SCHOOLS . TANBARAM

## STUDENT COUNCIL ELECTION 2022-2023- RESULTS

S.NO	NAME	GRADE	CANDIDATES	POST
1	MOHAMMED IMRAN	IX A		SPORTS CAPTAIN
2	HASINI. R	IX A		CCA CAPTAIN







# INVESTITURE CEREMONY

## 30-06-2022



**SAN ACADEMY GROUP OF SCHOOLS , TAMBARAM**

THE MANAGEMENT, PRINCIPAL, STAFF  
AND STUDENTS CORDIALLY INVITE  
YOU TO THE

## INVESTITURE CEREMONY

WE ARE HONOURED TO HAVE

**MR. SETHA M.SRI**  
CC (HONS) SEYCHELLES  
FOUNDER OF FARMGURU AGRITECH CENTER

AS OUR CHIEF GUEST, WHO WILL  
PRESENT PORTFOLIOS TO THE  
ELECTED STUDENT COUNCILS FOR  
THE YEAR 2022-2023

THURSDAY | 30 | AT 10 AM

2022

ALL ARE WELCOME





# INVESTITURE CEREMONY 30-06-2022

The Investiture Ceremony for the academic year 2022-23 was held on the 30th June 2022. The chief guest for the event was Mr. Sessa M .Sai – Founder of Farm Guru .

The Oath taking ceremony was led by the Head Boy and Head Girl.

The school Principal Ms.Apama Arulanandan wished the student leaders in completing responsibilities entrusted to them in the year ahead.

The elected head boy and head girl shared their experiences and gratitude to the teachers and management in their speech.

The Oath taking ceremony was led by the Head Boy and Head Girl.

The school Principal Ms.Apama Arulanandan wished the student leaders in completing responsibilities entrusted to them in the year ahead.







# INVESTITURE CEREMONY

## 30-06-2022







# INVESTITURE CEREMONY 30-06-2022







# GENERAL REVIEW MEETING 21-06-2022

- Principal of San Academy ,
- Tambaram conducted a general
- review meeting on 21st June
- 2022 with all the department
- teachers heads and teachers.
- She motivated the teachers for
- the personal and professional
- growth and gave guidance for
- their development in the
- classroom activities. .







# SAN ARTICLES IN PRINT MEDIA

## TIMES OF INDIA - 17-06-2022

### EVENTS



#### WORLD FOOD SAFETY DAY

**O**n 8th June 2022, the Sanites of grade 6-9 conducted a thematic assembly on World Food Safety Day. Students gave speeches and made posters and took an oath on Don't Waste food.



#### BICYCLE RALLY ON THE WORLD ENVIRONMENT DAY

**O**n 6th June 2022 the students of San Academy, Tambaram conducted a bicycle rally to create an awareness on saving our Environment. Our Principal Ms. Archana Arulananadan inaugurated the programme and students of grade 7 to grade 9 participated in this rally. Students raised some slogans and held placards during their rally.





# SAN ARTICLES IN PRINT MEDIA

## TIMES OF INDIA - 21-06-2022

### Field trip to farmland



**S**an Academy Tambaram, students were taken for a field trip to farmland. A trip to the farm is all it takes to live the farm life, albeit for a day. The open expanse of the farmland, fresh air with the smell of the soil, the beauty of lush green paddy fields and the songs of the birds on the trees, which transported them to the world of nature for which they have heard so far.

They felt the value of each grain and took an oath that they will not waste food henceforth and also understood the endless efforts of our farmers.

A field trip was organized for the practical entrepreneurship class. This trip aimed at providing experiential and contextualized understanding on practical entrepreneurial skills. Aside from this the trip aims to develop a deeper understanding of the farming entrepreneurial venture.



importance of modernizing and intensifying agricultural production systems. 3

On Saturday 24th August, a field trip was organized for the practical entrepreneurship class. This trip aimed at providing experiential and contextualized understanding on practical entrepreneurial skills. Aside from this the trip aims to develop a deeper understanding of the farming entrepreneurial venture.

Before proceeding to the field, students were welcomed by the farm owner Paras who took us through the journey to owning the farm and doing farm and a passion that was instilled in him as he grew up.

### Events

Before proceeding to the field, students were welcomed by the farm owner Paras who took us through the journey to owning the farm and doing farm and a passion that was instilled in him as he grew up. More clearly, he pointed out the







# SAN ARTICLES IN PRINT MEDIA

## TIMES OF INDIA - 28-06-2022



## SANITES OBSERVE NO BAG DAY

### NO BAG DAY ON 11TH JUNE

The problem of heavy backpacks in schools can't be overseen as it hampers the overall growth of a child. With the rise in syllabus, students are forced to carry a bunch of heavy study material, including their standard needs like lunch boxes and water bottles. As a result, it takes a physical toll on them and the mechanical burden on their spine increases. It ultimately results in weaker bones, joints and thus affects their overall growth.

The timetable remained the same, but the no book activities like quiz, debate and painting competitions were conducted for the children of San Academy. The children were made to read books

in the library, which helped them to gain knowledge and apply their learnings.

While reducing the burden of carrying book.

*No School Bag Day*



In 2017, 'No Bags Day' was announced to be implemented in all schools by the Department of Public Instruction (DPI). Experts believe this can help reduce frequent back problems in children.

school, it also enhanced the learning experience as what they learnt on that special day through different teaching methods which left a stronger impression on their minds.





