




SAN ACADEMY

Group of Schools  
*Empowering for the future*



# San BUGLE

Happy to blow our own

October-December'2023

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# *Principal's desk*

**Discomfort Builds Character** Extract from the book **Build Self Discipline** How comfortable do we feel with discomfort? Have we ever experienced an uncomfortable situation and laughed in spite of it? Do we seek inconvenience or stay as far away from it as possible?

Discomfort is a part of human nature. For thousands of years, humans lived in dire circumstances fighting for survival every single day. It's not in spite of the obstacles, but thanks to them that we thrive today. If nature hadn't tested us, we wouldn't have developed ways to protect ourselves against it. Despite modern circumstances, life is still similar to what it used to be. Any bad things we experience in our daily lives make us stronger and more prepared to deal with similar problems in the future. Our self discipline is tested during time of adversity. If we make it a regular habit to put ourselves in tricky situations, we will be better prepared to deal with them. How to experience discomfort? Exposing to cold temperatures is one of the simplest ways to learn how to handle discomfort.

**“Lean  
into the  
Discomfort”**

© Dr. Brené Brown

## *Principal's desk*

The simplest, most insightful exercise is taking a 5 minutes cold shower. The first time a cold shower, our entire body becomes numb. We ensure not to jump out of the shower after the first hit of water. Several showers later it become more attuned to the feelings of discomfort, discovering that the first two minutes were the most difficult. After two minutes , suddenly things become much easier and could stand the cold without that much difficulty.

Then applying the same learnings in other aspects of life, reminding that the first steps usually test our self-discipline the most. If we can handle them, we can handle much more than we think.

We can only learn them on our own. When we discover exactly when and how we're tempted to give in and what helps to handle discomfort, we'll become more capable of dealing with postponed gratification.

Let us embrace a little discomfort to feel better and get smart to handle tough situations in life.

Ms.PadmaPriya

# *Vice Principal's desk*

## *Pampering your child - "Boon or a Bane"*

*As parents we often tend to pamper our child in every possible way we can. Not only do we pamper them but even grandparents and relative do it. But the question which that arises is 'To what extend pampering is good for a child'?*

*No one says that children should not be pampered but at times by over pampering we are causing insecurity and dependency in them.*

*On the positive side, it can demonstrate care, affection, and generosity. However, over-pampering can also lead to dependency, imbalance in the relationship, and hinder personal growth. It's important to find a healthy balance in showing love and affection without smothering or enabling unhealthy behaviors.*

*Pampering creates weakness because children develop the belief that others should do everything for them. One of the greatest gifts you can give your children is to allow them to develop the belief, "I am capable." Children feel capable when they learn that they can survive the ups and downs of life.*

*Avoiding Pampering is not an opportunity to shame or blame your child. This is an opportunity to kindly but firmly allow them to develop the skills they will need to survive in this world. So don't get angry if your child wants you to do something for them. Be positive and supportive and show faith in them to accomplish the task or solve the problem.*

**MS. Ameena karthik**

# SHOW and TELL

CLASS : JR.KG & SR.KG  
SPECIAL EVENT : SHOW & TELL  
FEEDBACK : Show and tell

was conducted and the kids participated enthusiastically. They spoke about community helpers with beautiful props. It was a good learning experience for them. All the kids enjoyed this event.



# SHOW and TELL

Class : Jr.kg & Sr.kg

Special event : Show & Tell

Feedback : Show and tell

mainly encourages children to speak and it is a good learning process. They did oral narration about their topic. The kids used props which made the activity more effective.



# SPECIAL EVENT!

**CLASS & SEC : NURSERY**

**DATE : 20/ 11/ 2023**

**SPECIAL EVENT : Friendly Neighbourhood**

**OBJECTIVES OF THE**

**SPECIAL EVENT : Students will be able to identity the role and importance of Community helpers.**

**FEEDBACK : Children dressed up like farmers, doctors, teachers, soldiers policeman, fire fighters and many more. They identify the tools of the Community helpers, Children will know about the people who helps us with our health and wellbeing.**





# Special events

**CLASS & SEC : Jr kg A-B**

**DATE : 21-11-2023**

**SPECIAL EVENT : Bird Feeder's Day**

**OBJECTIVES OF THE**

**SPECIAL EVENT : To make Kids Understand the importance of birds.**

**FEEDBACK : Children learnt how to build a nest . We conducted various activities like feeder bind and they also absorbed bird sounds & bird names.**





**CLASS & SEC : Sr kg A-B**

**DATE : 22-11-2023**

**SPECIAL EVENT : Aqua World Day**

**OBJECTIVES OF THE SPECIAL EVENT : To Promote awareness about water conservation and fostering a global commitment to safeguard aquatic systems for future generations.**

**FEEDBACK : Skit was organized on how to maintain river, sea, pond and lake without contaminating the water and how to safeguard and preserve aquatic environment .**



# World Smile Day



**The students of class 7 left no stone unturned when they displayed their ethical responsibility in showcasing the need of tolerance and the effects of bullying through their thought provoking posters on mental fitness and bullying. The need for an anti-bullying squad was highlighted and enacted. A few yoga exercises were demonstrated. The quiz conducted on tolerance was very interesting.**





**HAPPY  
INDIAN  
AIR FORCE  
DAY**

The assembly topic for III-B was World Airforce Day. The topic was really useful and very knowledgeable for the young buds to have a sense of thought about the various positions of air force in the world. Each student was given with one position in Airforce and they spoke about their roles and responsibilities in the hierarchical order. Brain gym was conducted for eyes and hand coordination. Also, speech about Indian Airforce Day by Muthu Murugesh was quite awesome and interesting.



# World Post Day



The assembly topic for II-B was World Post Day. The students explained about the importance of the post in ancient days and gave a speech about the particular topic. The class teacher entertained students by telling some interesting facts about the post. The assembly continued with word for the day, Thought for the day and with some brain gym activities. The day started with great enthusiasm.



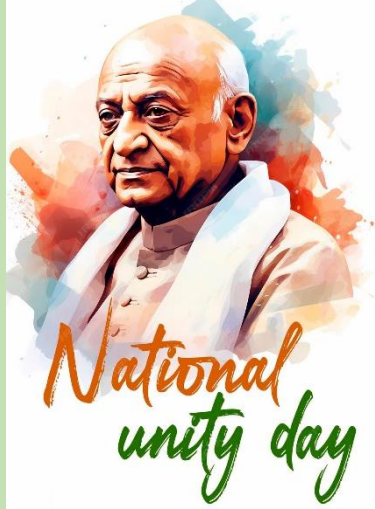
# Navratri

Learn about History,  
Significance, Facts



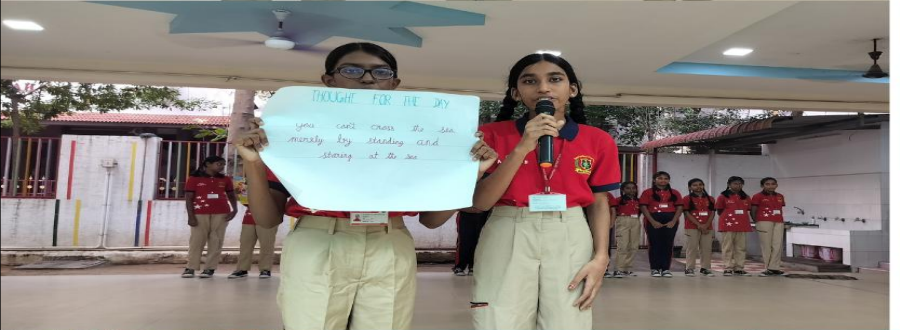
The assembly of Class 8 A showed the importance of Dussehra and kept the audience engrossed throughout the session. The students highlighted the important lessons of life that they learnt from this festival. The students spoke on the significance of the festival and how it is celebrated in the country. They depicted the story of Goddess Durga defeating the demon Mahishasura through a Puppet Show conveying the message of 'Dussehra-Victory of Good over Evil'. An informative quiz was conducted based on the festivity of Navarathri. The teacher's talk enlightened the 9 importance of celebrating the 9 nights of this pompous festival.





VIII-C

The students of class 8B brought out the importance of The United Nations Day through a thought provoking assembly. The speeches in Tamil, English and Hindi were factual and interesting. The quiz conducted on the theme was interesting. The program on exhibiting World Peace Day through various languages was very unique. The assembly brought out the importance of instilling peace amongst nations involved in the UN.



**MIME**  
**VI-C,VI-D**



**VIII-C**

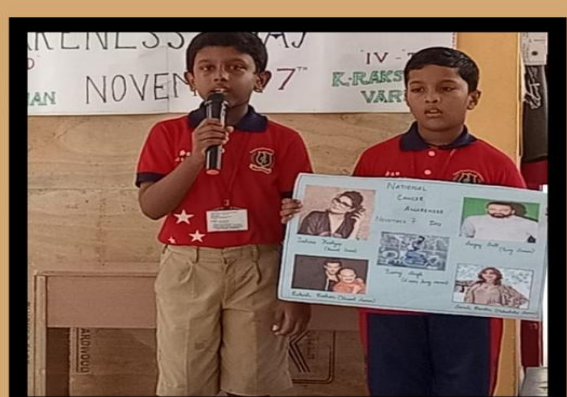
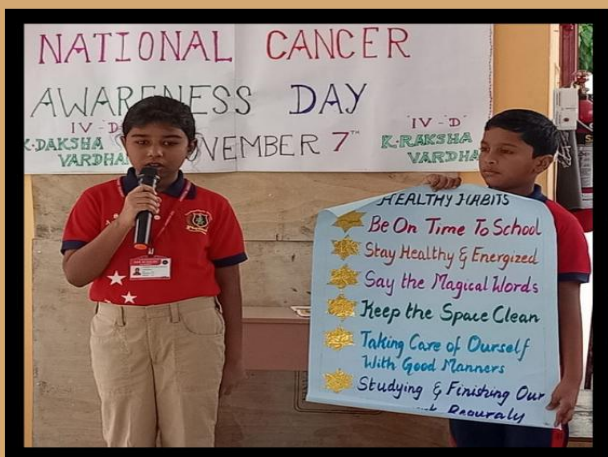
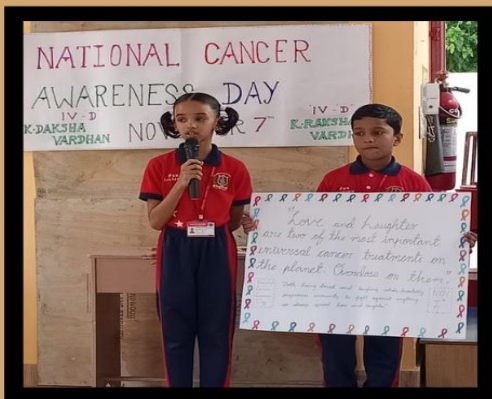






# IV D

To brighten the hope of students, a special assembly on National Cancer Awareness Day was conducted by the students of class IV D. National Cancer Awareness Day in India is celebrated on November 7th of every year observed to spread awareness around the types of cancer, need for early detection, and important lifestyle changes. The assembly commenced with the Morning Prayer by the choir group. Children spoke why and who established the national cancer awareness day and brighten up by sharing few facts and healthy habits to keep one self safe. Thereafter, children spoke about cancer warriors. Serving as a knowledgeable base, this enriching morning assembly was indeed an extraordinary experience for everyone. The students were able to successfully deliver the message that only if we take care of oneself we can inspire others.





**Class 6 A's assembly brought out the life of Guru Tegh Bahadur and his sacrifices into limelight through a very interactive assembly. The famous quotes of Tegh Bahadur were explained. The song depicting Unity in Diversity was very interesting. The teacher's talk on the importance of Discipline was very intriguing and the need of the hour. The students exhibited good interpersonal skills throughout the assembly.**





V A

**Class V A conducted the assembly in the school premises on 14th Nov 2023 on the theme "Children's Day". Assembly began with a warm welcome to all the students and teachers. The theme of the assembly "Children's day" was introduced emphasizing the importance of cherishing the innocence, creativity and enthusiasm of childhood.**

**Speeches and Presentations:**

**Remembering Pandit Jawaharlal Nehru: As Children's Day in India is commemorated on the birth anniversary of Pandit Jawaharlal Nehru, fondly remembered as Chacha Nehru, a revered figure in India's history for his affection and love for children. Shreyas rendered a speech on pandit Jawaharlal Nehru and Mohammed Awaisullah rendered Hindi speech on responsibilities of children.**

**Qualities of children: Speech on qualities of children was given by group of students to honour and celebrate our children.**

**Rashtriya Bal purashkar award: Speech on the importance and why Rashtriya bal purashkar is given has been rendered.**

**Debate: Children shared their thoughts and advantages of both online reading and book reading. The debate made an positive impact on children and improves their critical thinking and communication skills.**

**Block and tackle: Fun-filled block and tackle on topics "Playing video games are better" and "Half an hour is sufficient for lunch break" was organised.**



V A

It develops their intellectual curiosity. Children enjoyed the challenge of constructing argument and defending the same argument by themselves which improves their public speaking skills.

Mime skit: A skit on importance of punctuality is performed by the students. Children learnt that being punctual is crucial for productivity and success in both personal and professional endeavors.

The assembly concluded with the teacher's talk by Ms. Akila. She explained the roles and responsibilities of children and children took a pledge to be a responsible person. The pledge encapsulated the essence of children's day by emphasizing the importance of protecting, nurturing and empowering children to reach their full potential.





**WORLD  
DIABETES DAY**  
14 NOVEMBER

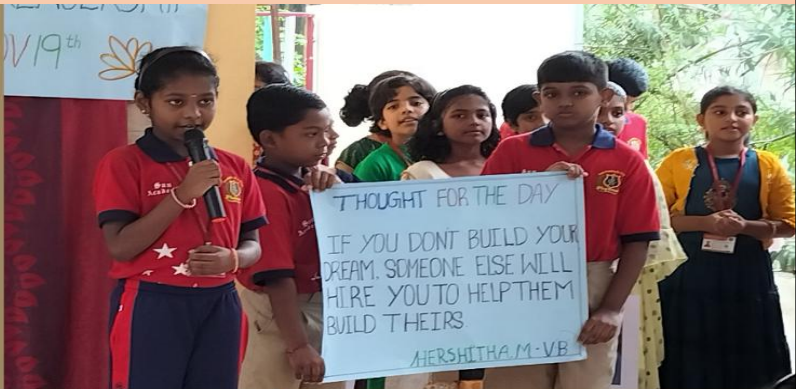
Class I-B organized the World Diabetes Day assembly on 20/11/23, starting with a prayer song. The message about diabetes highlighted the importance of self-care, and reciting the common National Pledge together created a sense of unity in our shared commitment to fight diabetes. Followed by Thirukural was very interesting and taught us valuable lessons about staying healthy. Easy-to-understand flash cards were used to share more information about diabetes. The assembly concluded with a talk by the teacher on diabetes, reinforcing the significance of health. Overall, it was an insightful health talk that inspired us to prioritize the well-being of ourselves and others.





Class V Conducted the assembly on the topic “Women’s Entrepreneurship day” by giving speech on the topic and importance about entrepreneurship.

The class teacher gave excellent points on the topic. The assembly also had Thought for the day, Word for the day





On 27 November 2023, the students of class 2A had Class Assembly based on the theme "World Pneumonia day". The students started the assembly with a Prayer Song followed by Word a Day & Word Derivation (Pneumonia). They also had Slogan, Proverb, few points related to good health habits to fight against lung disease.



# NATIONAL INTEGRATION DAY 2023



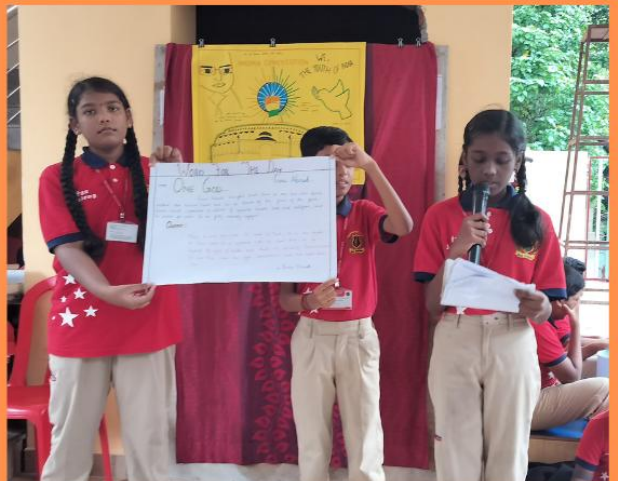
**Topic for our class V Assembly was National Integration Day. Followed by prayer, Thamizh Thai vazhuthu and pledge we had the word and thought for the day related to the topic. We had special speech on National Integration Day. A dialogue conversation of significance National integration day was done in Tamil. A mime on unity was delivered by students. A special pledge to maintain national integrity was read. Finally, students enacted the song signifying the unity amidst cultural and state diversity was presented. Teacher's talk was based on unity in diversity and the need for unity to develop our country was given.**







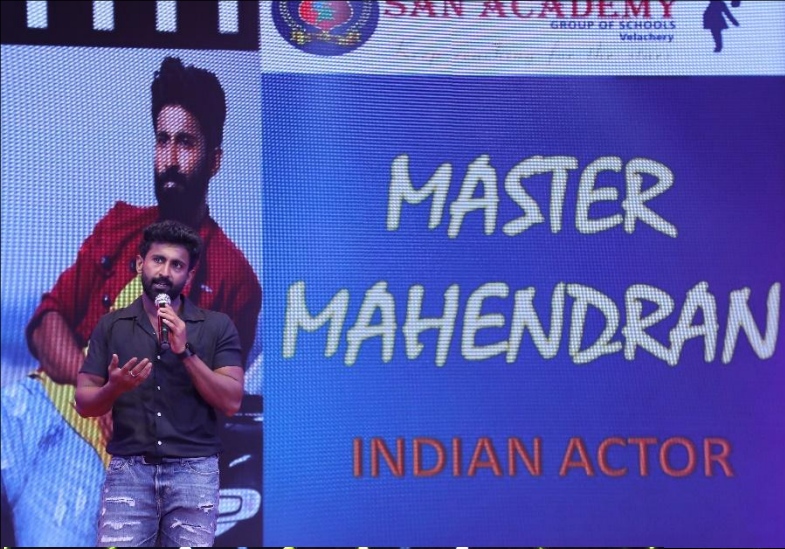
The students of Class 6D invoked the blessings of Guru Nanak Ji through their holistic assembly. The biography of Guru Nanak, his teachings and the significance of Gurupurab was shared in all 3 languages (Hindi, English & Tamil). A quiz was conducted on the facts of celebrating Guru Nanak Jayanthi. It was a very thoughtful and engrossing assembly.



# *Annual Day*

San Academy Velachery celebrated its 16th Annual Day 2023-24 on 29th October 2023 at Anna Centenary Auditorium. The Annual day was conducted in two shows. The Morning show for classes Nursery to Class 3 had the theme as Passionateness with Ms. Archana, Principal Kidzee School, Sholinganallur as the chief guest and the evening show for Classes 4 to 8 with the theme Tints and Tones was cherished with Master Mahendran South Indian Actor as the Chief Guest. Our annual day is a yearly celebration to look back on the achievements and milestones of the students and staff as a team and is also a chance to thank everyone who contributed to the great success of the academic year. The students were honoured with proficiency award for their excellence in term 1 academics. And the valued staffs were recognized for completely 5 and 10 dedicated years in the San Family. The stage was on fire with stunning coloured lights and dashing performers who showcased their talents through various dances forms. The students rightly showcased the theme "Passionateness" which was dedicated to all the community helpers who keep the spirit of brotherhood in us. To mention about the theme "Tints and Tones" which depicted colours of life in various forms enlightened us that colours do perform a special role in our life be it physical, emotional or religious aspect. The show was a spectacular one with spellbound audience and awestruck chief guests who had special praise for the students striking performance





# Happy Navratri

நாம் இன்று இந்தியா மூலம் மிக சிறப்பாக கொண்டாடும் விழா வானவராத் திரியின் மகிமையைப் பற்றிப் பார்ப்போம்.

நவராத்திரி என்பது இந்தியாவில் மிகவும் பிரபலமான பண்டிகைகளில் ஒன்றாகும்.

நவராத்திரி என்பது என்றும் பொருள். நவராத்திரி என்றால் ஒன்பது இரவுகள் என்றும் பொருள் கொள்ளப்படும். மகிஷாசுரன் என்ற அக்கண்டன் ஆதிபராசக்தி 9 நாட்கள் பறையெய்து, 10வது நாடில் வெற்றிபெற்றார். பறையெய்து நவராத்திரி என்றும், பத்தாவது நாளை விஜயதசமி என்றும் கொண்டாடும்.





Festival of Lights started with a graceful dance by Jr kg students followed by another spectacular performance by Sr kg. Nursery also had an energetic performance. Then we had a ethnic ramp walk by grade 1 students, Tamil song, Role play & Dance by grade 2 students followed by grade 3 to 8. Finally all the students enjoyed themselves. They burst crackers along with the teachers ,such a another memorable moment fun filled with joy and happiness.

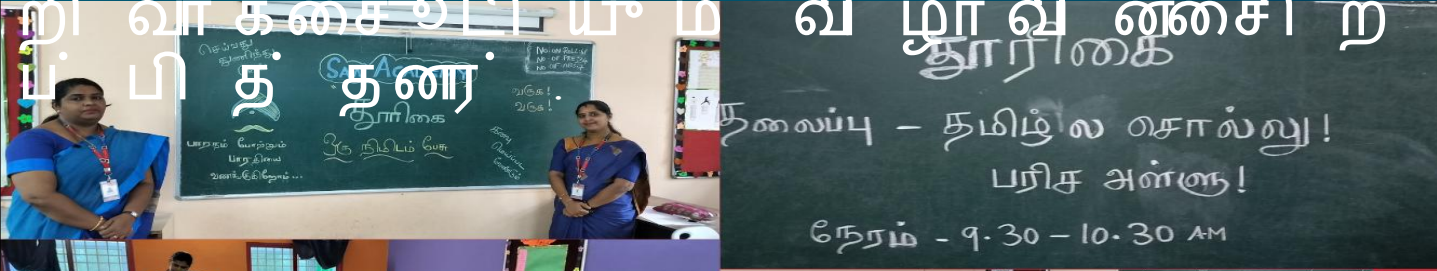






# THOORIGAI

சான் அகாடமி பள்ளியின் மணிமகா  
டத்தில் மற்றுமொரு வரைகல்  
லாய்மண்டாசுக்கவிபாரதியின்  
நினைவினைத் தைமன்னிட்  
டதுரிகைஎன்னும் நிகழ்ச்சி  
மலம்பள்ளிகள்க்கிடையே  
னபடேடியானது 16.12.23  
(சனிக்கிழமை) அன்று  
மிகச்சிறப்பாக நடத்தப்பட்டன.  
இதில் பலபள்ளிகளைச் சேர்ந்த  
மாணவர்கள் கலந்துகொண்ட  
வெற்றிவாகையையும் விழாவினை  
சிறப்பித்தனர்.







# STAFF CULTURALS



# Merry Christmas!



The twinkling stars of our school (San Academy, Velachery) celebrated Christmas day on 22/12/2023. We enjoyed the day with various rocking performances like dance, nativity skit and beautiful carol songs. The arrival of Santa Claus turned on the children to be happy and joyful. At the end of the program all the kids and teachers rocked the stage with Jingle Bells.



# HAPPY Pongal

Wishing You All A Very  
Happy & Prosperous Pongal



**Makar Sankranti is known as the Pongal festival in Tamil Nadu. The Pongal day also marks the sun's transition towards the North, known as Uttarayan which is considered extremely auspicious. As part of the Pongal celebrations, devotees worship the Sun God or Lord Surya. All the staff members and students from Nursery to Class 8 participated in the celebration by praying to the Sun God and making sweet dish “Pongal” and also praying to the Cow. Students displayed various cultural programs like folk dance, folk song, quiz and speech on the importance of Makar Sankranti or Pongal festival.**

# HAPPY Pongal

Wishing You All A Very Happy & Prosperous Pongal



# RAJYAPUSHKAR CAMP

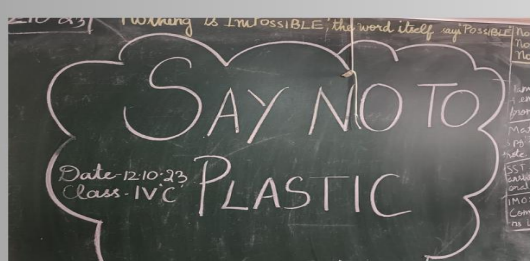
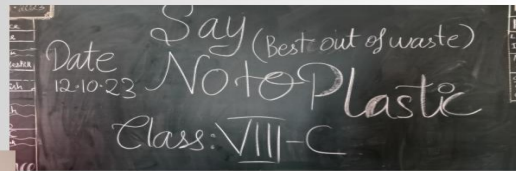
The Rajya Puraskar, also known as the Governor's Award, is the highest award a Scout and Guide can earn at the state level. The award is presented by the Governor or Patron/President of the State Association. It showcases a student's dedication and excellence in extra-curricular activities. The Rajya Puraskar Testing Camp for 2023-24 commenced on 5<sup>th</sup> Jan 2023 to 7 Jan 2023 at Annai Velankanni College for women, Saidapet, Chennai. The Bharat Scout and Guides Tamil Nadu deputed well experienced resource person Mr Shanmugavel ALT (S) for Scout Wing and Mrs Geetha LT (G) for Guide wing. Around 127 scouts and 106 guides took part in this testing camp. The scouts and guides efficiency were tested by these leaders. The first day flag break was done by San Academy, followed by various testing activities like written test, quiz, and practical demonstration on the fields like basic skills, knotting, first aid, pioneering, mapping estimation and camp craft. Our San Academy Scout and Guides excelled in all the activities. The camp was well organized by our district Officials and backpack was given to all the participants as a take home compliment.

# RAJYAPUSHKAR CAMP



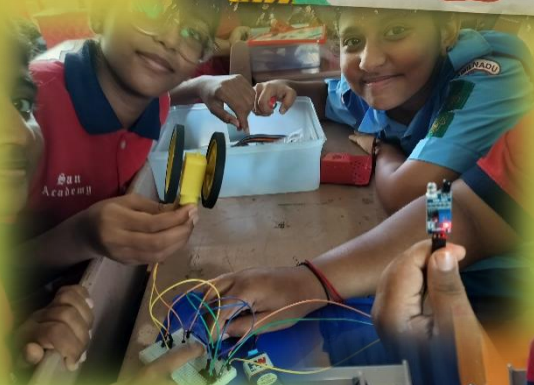
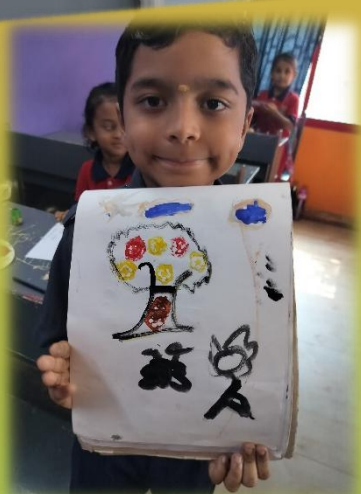


Say no to plastic bags as plastic bags are threat to our environment because a single plastic bag takes up to 1000 years to decompose as it contains non-renewable petrochemicals. This program is been conducted in San Academy Velachery for classes 1 to 8 with various topics. Students enthusiastically participated in different activities

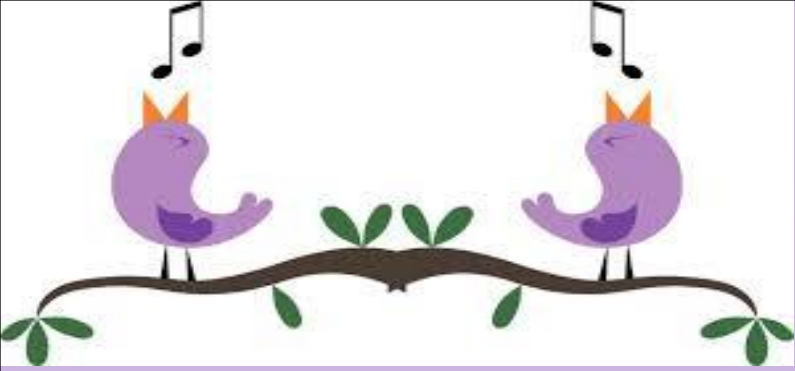




**"What the HAND does, the MIND remembers"**  
It was indeed a mesmerizing morning on the 26<sup>th</sup> August 2023-24 , a spendous Saturday for sure. The students of SAN ACADEMY, Velachery across the Grades of 1 to 8 donned themselves integrating various inter disciplinary skills into their learning as a part of No Bag Day activities like Stick Figure Craft, Origami, Pottery, Handicrafts, Calligraphy etc.. They left no stone unturned according to their age. It was a feast for our eyes to see them blooming into colourful flowers. It was surely an event to watch, contemplate and take home memorably.







# Lovely Voice Club

*Song will be learned by students according to the theme. Songs like Kada Kada vandi, Story songs (Three Little Pigs & The Lion and the Mouse)*





Planting a seed. Students will be involved in planting activities in the school campus.





# Karuna Club

**The primary focus of Karuna club is to help children value the need for co-existence in harmony. The club promotes compassion and empathy towards colleagues begins through a variety of activities that help students experience the joy of sharing and caring and there, by contributing towards larger societal causes.**



# CREATIVE

## CLUB

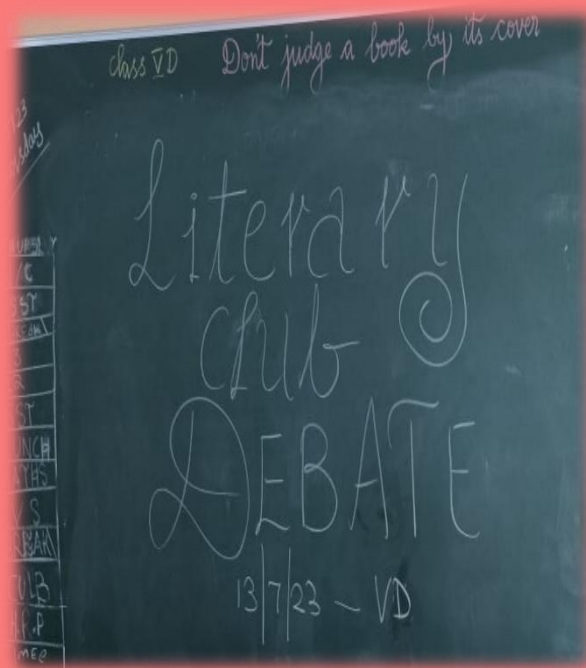
INSPIRE · IMAGINE · CREATE

Every child is born with untapped creativity and talent. Tapping the talent and showcasing it is the prime agenda of our creative club.





Literary club explores the various dimensions of literature. This is not only enhances the ability to write but also brings out the innate creativity in children.





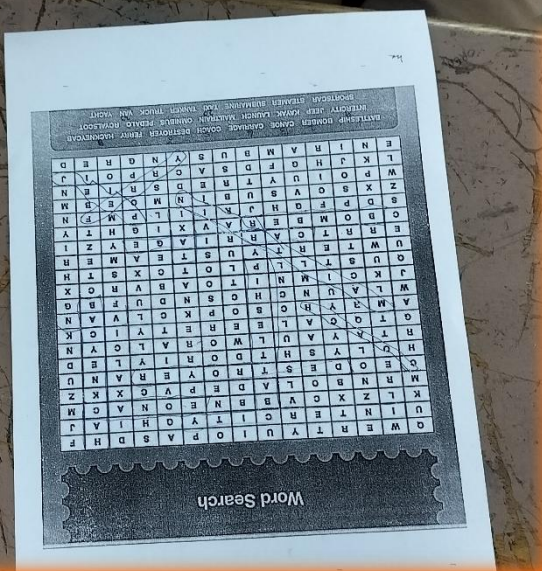
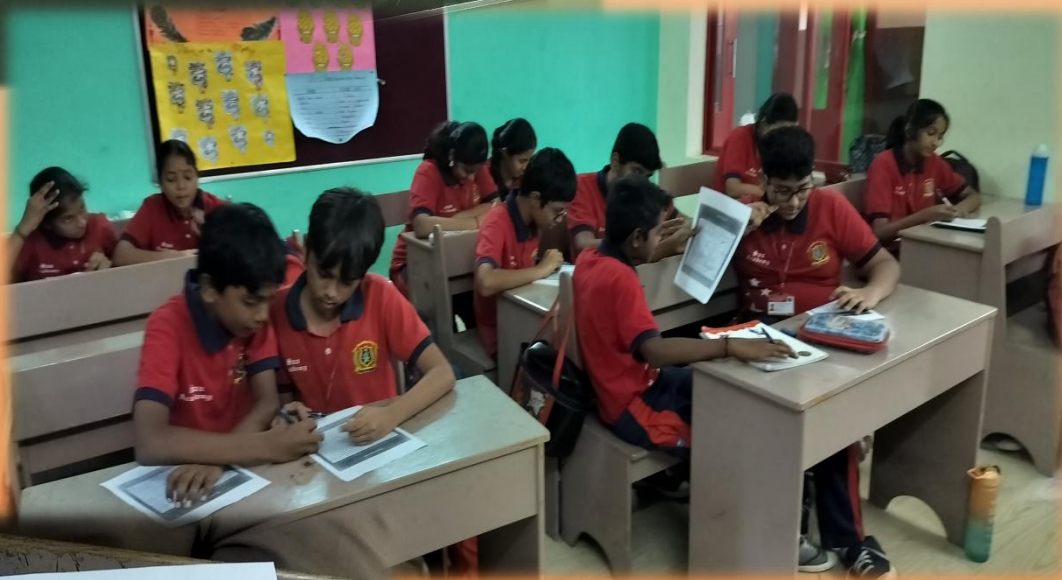
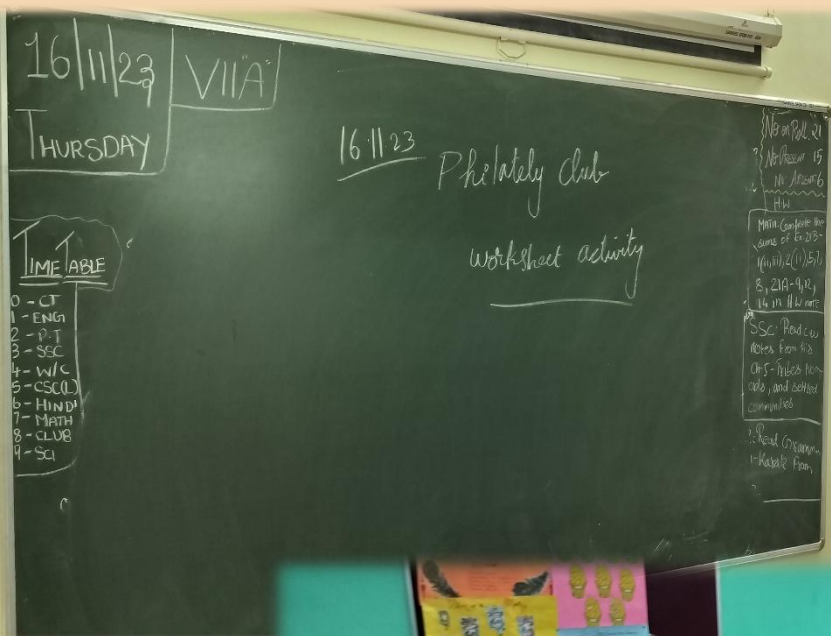
# Heritage Club

**The heritage club at San Academy is about discovering the culture and heritage of our country as well as other heritage sites around the world.**



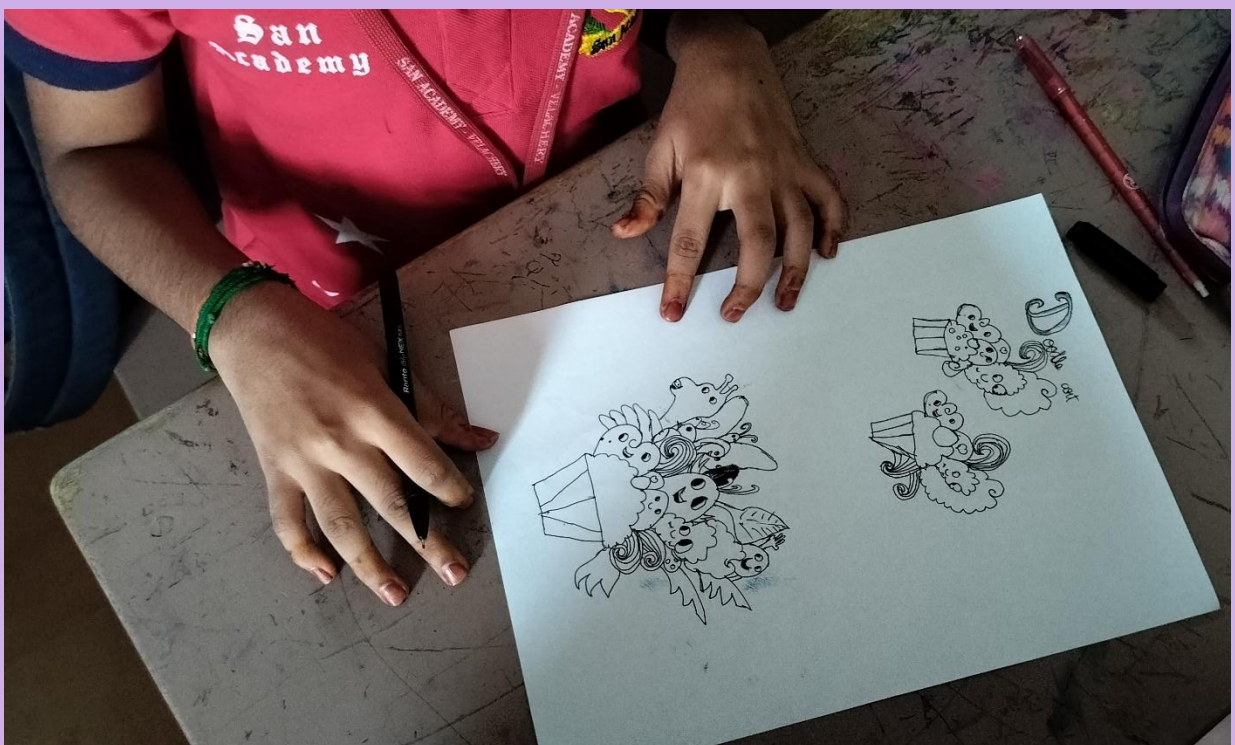
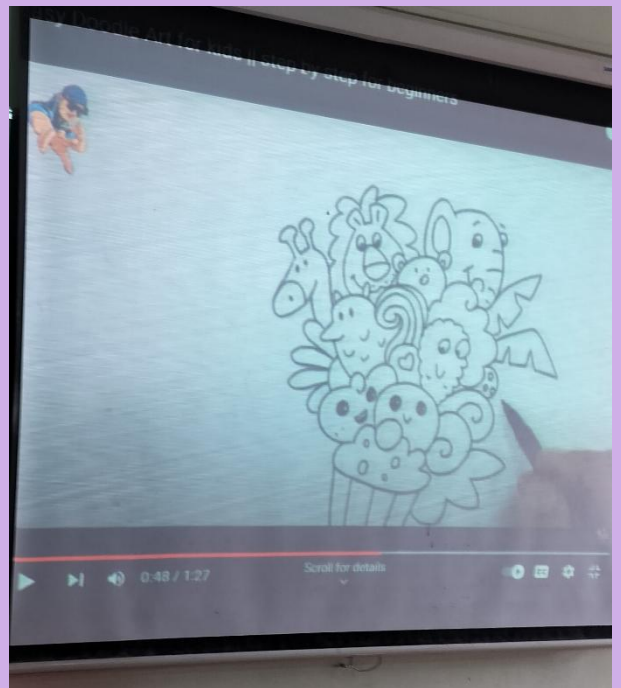
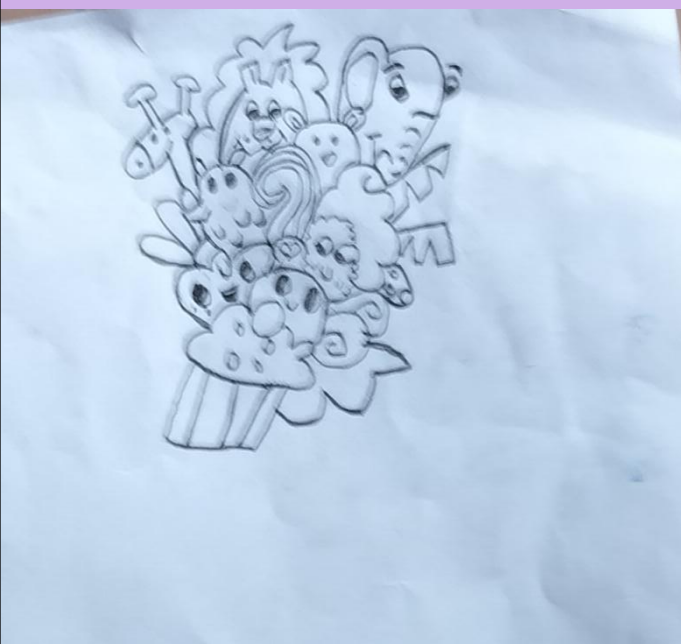


Philately is the collection and study of postage stamps. It also involves the collection, appreciation and research activities on stamps and other Philately related products.





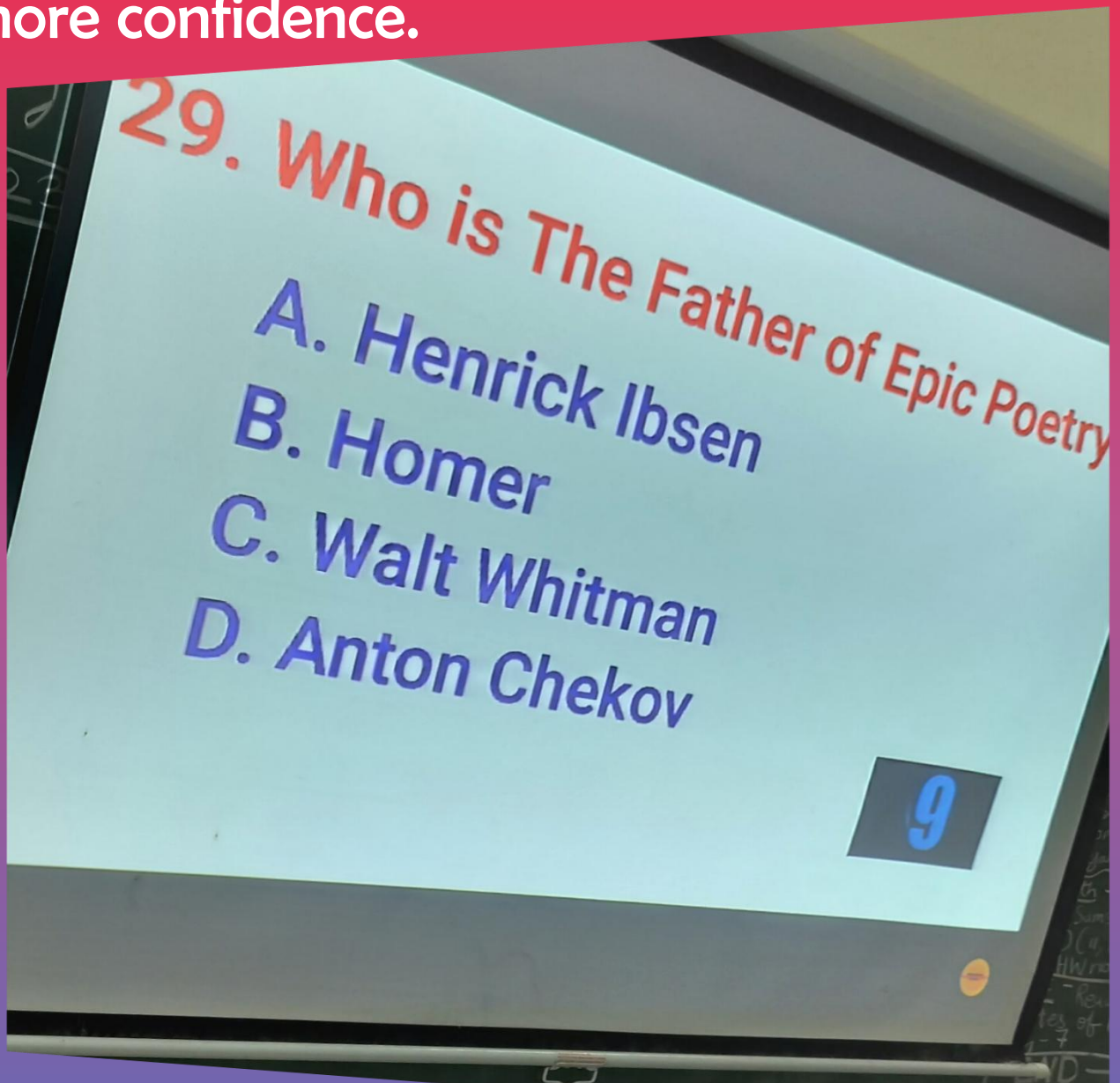
**Engaging in a hobby leads to acquiring substantial skills, knowledge and experience . At San Academy we believe in a Holistic approach towards education and thus encourage the cultivation of hobbies. Children to utilize imaginative strength and scale and develop their artistic talent in a particular field.**







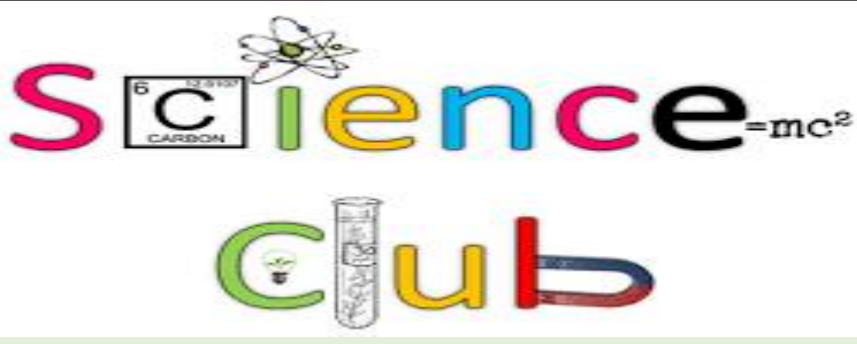
The objective of the quiz club at San Academy is to instill in our students the value of knowledge, wisdom and to make them smart citizens. This will also help them face competitive exams and quiz forums with more confidence.



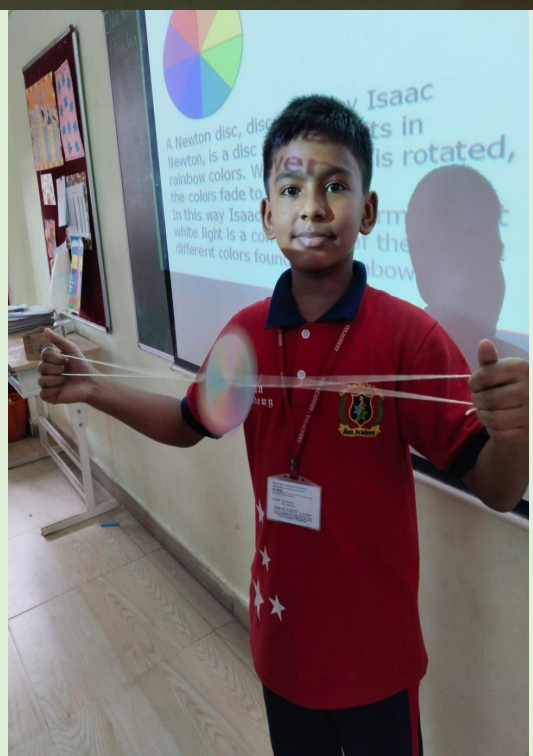
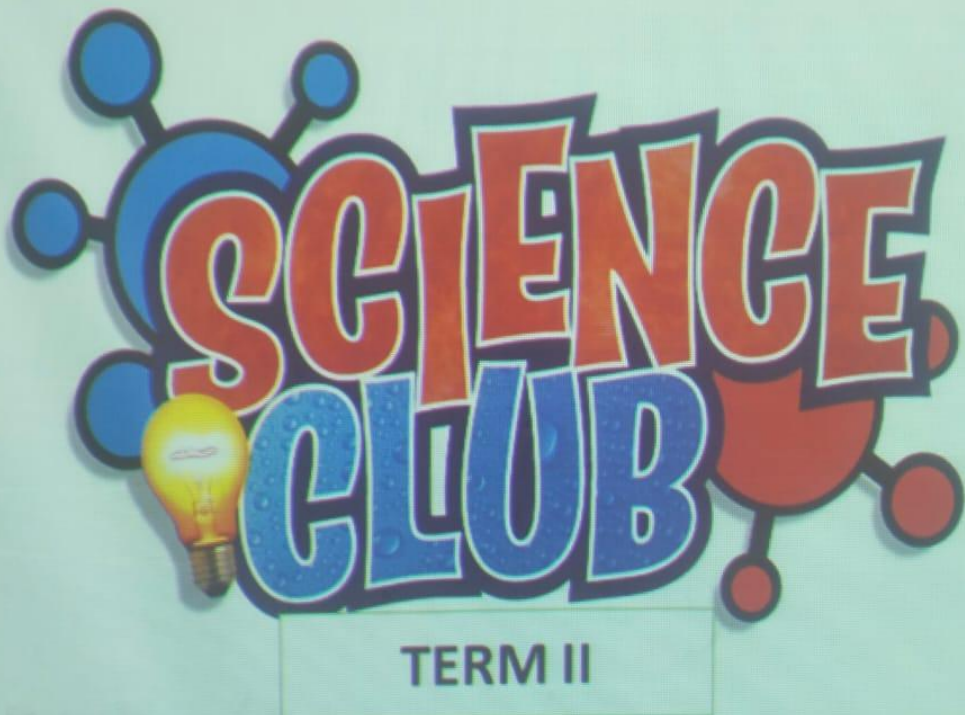


“A sound mind dwells in a sound body”. Physical exercise for growing children is imperative for a healthy body and mind. We provide a robust physical activity program which engages the student in both indoor and outdoor sports.



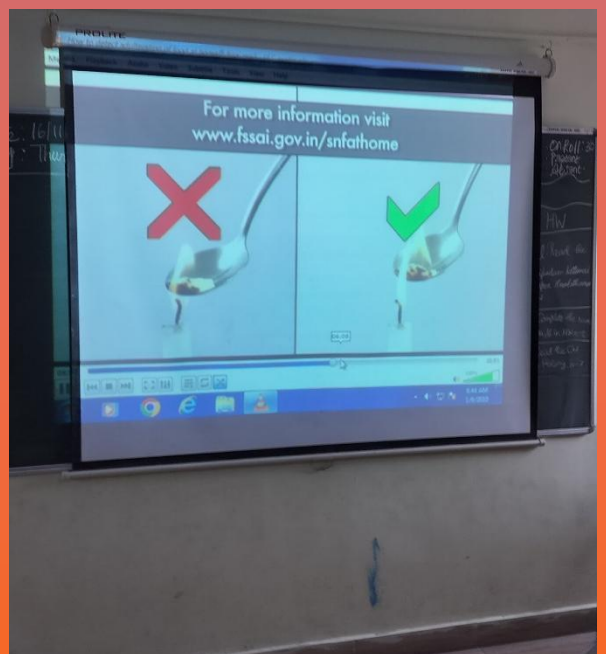
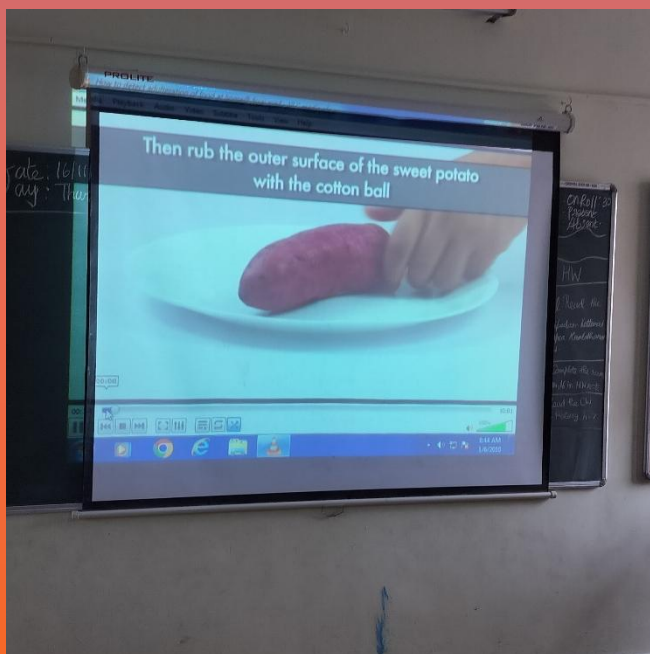


The club channel is the energy of students which satisfies their instincts and urges. This club will inculcate a scientific attitude, problem solving, constructive and innovative thinking.



# HOME SCIENCE

This club deals with the promotion and preservation of the general health, cleanliness, food and home hygiene.



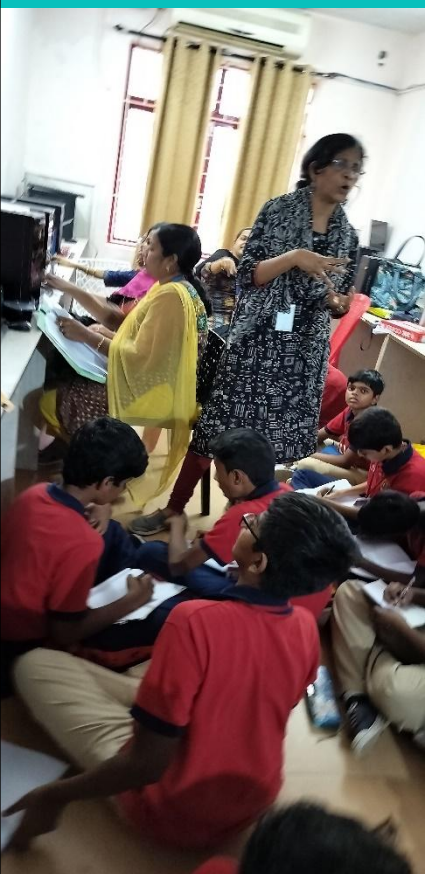
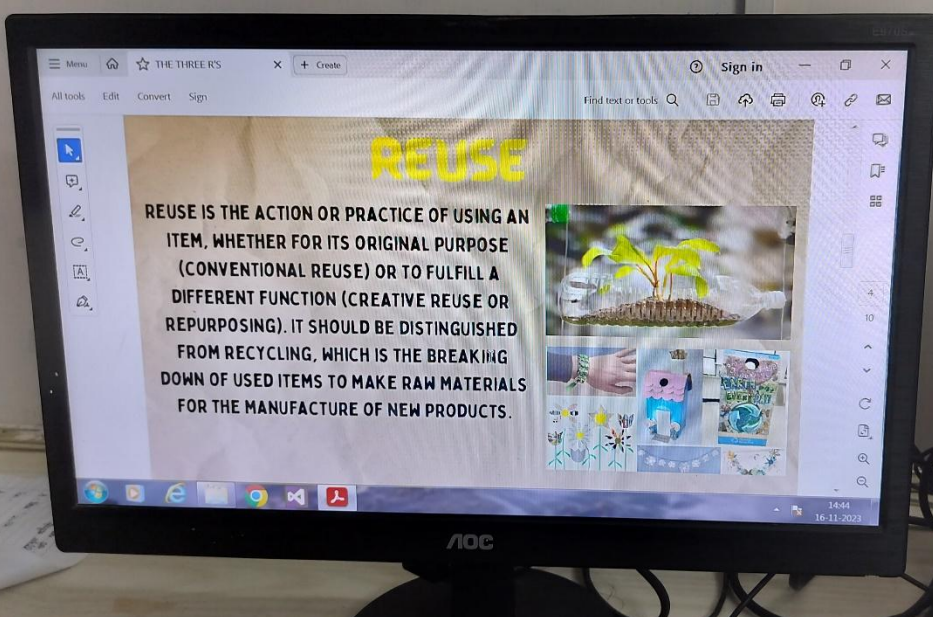


Through Volunteering club, students can give back their time to society. Students will learn about local and global issues and initiate activities to change lives by undertaking exciting volunteering opportunities.



# Social Awareness Club

Students will act as a platform for students to find and explore the possibilities to participate in service-related activities. The main objective of the club is to create awareness and sensitize students towards local as well as global social issues existing in society, to make students participate in service-related activities.





**Dr. A.P.J. Abdul Kalam once said, “I have met 18 million young people, and each wants to be unique”. These words have held true for young generations since time immemorial. To foster and nourish this young power is exactly what we strive for in young minds. Young achievers club is a club that creates a space for students to indulge in the best and most productive moments and bring up their talents.**

Young Achievers club

Date: 02.11.23

Topic: Mind map



**SAN ACADEMY - VELACHERY**  
**INTRA COMPETITION-2023-24**      **NOVEMBER**

S.No	Topic Name	Class/Sec	Student Name	Position
1	DIWALI GREETING	I A	AARUSH N	I
2	CARD MAKING	I A	HASHVANTH N R	II
3		I A	DHIYA SHRI P S	III
4		IB	AARSHITH	I
5		IB	SAMANYA	II
6		IB	SAHASARA	III
10	DIWALI GREETING	II A	MOHAMMED RISHAN M	I
11	CARD MAKING	II A	VAISHNAVI V	II
12		II A	RESHMI R	III
13		II B	AADVIKA S	I
14		II B	YUDHAN BALAJI	II
15		II B	REHAAN G	III
16		II C	NITHYA SRI N S	I
17		II C	DIYA D	II
18		II C	DEV SAMRAJITH S	III
19		III A	AARAV P S	I
20	PAPER DESIGN	III A	MOHAMMED RIFAT H	II
21	CRAFT	III A	MAHAJITH	III
22	DIWALI DIVAS	III B	TARUN N	I
23		III B	AAFKA H	II
24		III B	ASVIKA P	III
25		IV A	DHRIYA	I
26	CLAY MODELLING	IV A	PRAHARSHITA	II
27	DIWALI	IV A	KRISSHERWIN	III
28	SWEET BOX	IV B	SAINDHAVI	I
29		IV B	THARUN AADESH	II
30		IV B	HARSHITA	III
31		IV C	PRANIKA T V	I
32		IV C	DARSHAN K	II
33		IV C	ISHAANIKA S	III
34		IV D	A S HRITHVIK	I
35		IV D	SANJANA SS	II
36		IV D	DAKSHA VARDHAN K	III
37	CLAY MODELLING	V A	JAANVI	I
38	DIWALI	V A	LOSHINI	II
39	SWEET BOX	V A	DHANYA SHREE	III
40		V B	ANCLA	I
41		V B	ADHARSHANA	II
42		V B	THARIKA	III
43		V C	ELAKIYA	I
44		V C	KMAHATHI	II
45		V C	ABINAYA	III
46		V D	SASHWATH	I
47		V D	YASHWARDHAN	II



48		V D	ULLIKARTHIKA	III
49		VI A	JOSHITHA JAINA	I
50	DIWALI DOOR	VI A	HASITH VARMA	II
51	DECORATION	VI A	SHESHAN	III
52		VIB	SANVI SRI	I
53		VIB	ANIKA SHRI	II
54		VIB	SANJITH	III
55		VIC	MEKAH	I
56		VIC	RITHANYA	II
57		VIC	LEENESHA	III
58		VID	THANVI	I
59		VID	VAISHNAVI	II
60		VID	DHANVI	III
61	DIWALI DOOR	VII A	VARSHA	I
62	DECORATION	VII A	THEO NAVIN	II
63		VII A	YASHWTHA	III
64		VII B	SAHANA	I
65		VII B	NEHA	II
66		VII B	G SANJAY	III
67		VII C	SONA	I
68		VII C	RITHUNA	II
69		VII C	TANISHKA	III
70	DIWALI DOOR	VIII A	M K NESHAN	I
71	DECORATION	VIII A	NITHILA	II
72		VIII A	SHARMITHA SREE	III
73		VIII B	DIYA D	I
74		VIII B	SRISHA	II
75		VIII B	BLESSY	III
76		VIII C	YUVAMITHRAA	I
77		VIII C	JOSITHAA	II
78		VIII C	SUWASIKA	III

**INTRA COMPETITION-2023-24    DECEMBER**

S.No	Topic Name	Class/Sec	Student Name	Position
1	READING FLUENCY AND SPEED TEST	I A	HARSHIV PRANAV T	I
2		I A	KARTHIKA VALLI G V	II
3		I A	PRANIKA S	III
4		IB	TARUN KUMAR	I
5		IB	HAVIKESH M	II
6		IB	PRIYANKA G	III
10	READING FLUENCY AND SPEED TEST	II A	VIHAN D K	I
11		II A	HARINI SHRI M K	II
12		II A	YASHVEER ROY K	III
		II B	NIRALYA SHREE V S	I
		II B	REHAAN G	II
		II B	POORANI V	III
13		II C	SUHIL SUDHARSHAN	I
14		II C	NITHYASRI N S	II
15		II C	NITHILA S	III
16	PROVERBS WORKSHEET	III B	ASVIKA P	I
17		III B	ADVAITH D	II
18		III B	SAHANA P	III
19		III A	DHARSHITHA N	I
20		III A	AKSHAY CHANDRASEKAR	II
21		III A	SHASHANK KAMALKANTH	III
28	PROVERBS WORKSHEET	IV A	AADHI DEV	I
29		IV A	LOHITH ABHINAV	II
30		IV A	GUNDELLI JITHESH	III
31		IV B	DEEKSHA SREE P	I
32		IV B	SAI VARSHINI G V	II
33		IV B	KRISHNAV P	III
34		IV C	PRANTHA V	I
35		IV C	YAZHINI L	II
36		IV C	SARVIN K	III
37		IV D	SRI CHARAN S	I
38		IV D	RAKSHA VARDHAN K	II
39		IV D	VIVIN RAJESH	III

S.No	Topic Name	Class/Sec	Student Name	Position	
40	PROVERBS WORKSHEET	V A	NIKHILESH N	I	
41		V A	JAANVI H	II	
42		V A	SHREDHA SRINTVASAN	III	
43		V B	ANANTH KRISHNA T M	I	
44		V B	RAGHAV B	II	
45		V B	ANCIA S	III	
46		V C	SHARVATH	I	
47		V C	TANUSHREE S K	II	
48		V C	ELAKKIYA	III	
49		V D	MARCELA MENMOLI J	I	
50		V D	YASHWARDHAN M	II	
51		V D	GURUCHARRAN S	III	
52		WHISPERING DICTATION - LISTENING AND WRITING SKILLS	VI A	VAIBHAV K	I
53			VI A	MEGHAVARSHINI S	II
54	VI A		FELIX RICHARD	III	
55	VI B		KRITHIK S	I	
56	VI B		AKSHADHA RADHA	II	
57	VI B		DHANYASREE	III	
58	VI C		RAYHAN J	I	
59	VI C		SAI DARSHAN B	II	
60	VI C		NIKHIL S	III	
	VI D		DIYA SREE A	I	
	VI D	NA	II		
	VI D	NA	III		
61	WHISPERING DICTATION - LISTENING AND WRITING SKILLS	VII A	VENKATA RAMACHANDER	I	
62		VII A	PRAHLAD	II	
63		VII A	NA	III	
64		VII B	SHIVESH M	I	
65		VII B	MAHANTYA MATHIVANAN	II	
66		VII B	NA	III	
67		VII C	NA	I	
68		VII C	NA	II	
69		VII C	NA	III	
61	WHISPERING DICTATION - LISTENING AND WRITING SKILLS	VIII A	VIDHUSHA C E	I	
62		VIII A	REHAN R	II	
63		VIII A	NESHAN M K	III	
64		VIII B	DIYA CRISTAL D	I	
65		VIII B	HARSHINI RAVISHANKAR	II	
66		VIII B	AISHWARYA S	III	
67		VIII C	JAIRAM S	I	
68		VIII C	RAASHEK D	II	
69		VIII C	NITHIN	III	



# SPEAKING PEN

## Benefits of Arts and Crafts For Children

### Helps children develop fine motor skills

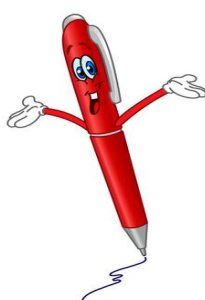
Art and craft projects help children develop their fine motor skills by requiring them to use small muscles in their hands and fingers. This is important for early childhood motor skill development, alongside hand-eye coordination, as these skills are necessary for tasks such as writing, eating and taking care of themselves

### Improves self-expression & self-esteem

Arts and crafts projects can also help children express themselves in new ways and build on their self-esteem and self-worth. As developing a core sense of self-esteem, and a healthy form of self-expression is vital from a young age, self-esteem art can be an extremely valuable activity for children of all ages.

### Boosts children's creativity & imagination

Creativity and imagination are two skills that arts and crafts help to develop in children. By giving them the opportunity to be creative and use their imaginations, arts and crafts can help foster a love of creativity that will last a lifetime, as well as help them come up with creative new ideas and solutions in all aspects of their life.



## Teaches problem-solving skills

Arts and crafts projects also help children learn how to solve problems, as arts and crafts projects require children to think outside the box and come up with new ways of completing a task. This teaches them how to problem solve effectively, an important skill for success in both life and work.

Effective problem solving skills that could be learned through arts and crafts include brainstorming, considering all possible solutions, and taking action on a plan.

## Improves children's mental health

### [Arts and crafts are a great tool for improving mental health](#)

This applies especially to children, as it provides an outlet for them to express their emotions, have fun and develop a sense of mindfulness. As they get older, they will be better equipped to deal with stressful situations and handle them effectively.

– MS. Jeba Art & Craft Teacher



கல் வி கவி தை

உழவனி டம் கற் பத்

வளாண் கல் வி !

பறெற் றரோரி டம் கற்

பத்

வாழ் க் ககைக் கல் வ

ி !

தனேல் வி கள் தரு வத

ு

அனு ப வக் கல் வி !

வறெற் றி கள் தரு வத

ு

தனி னம் பி க் ககைக்

கல் வி !



வா ன் மயூரிதாசுமீழ் ஆசிரியை

இயற் ககைல் வி !

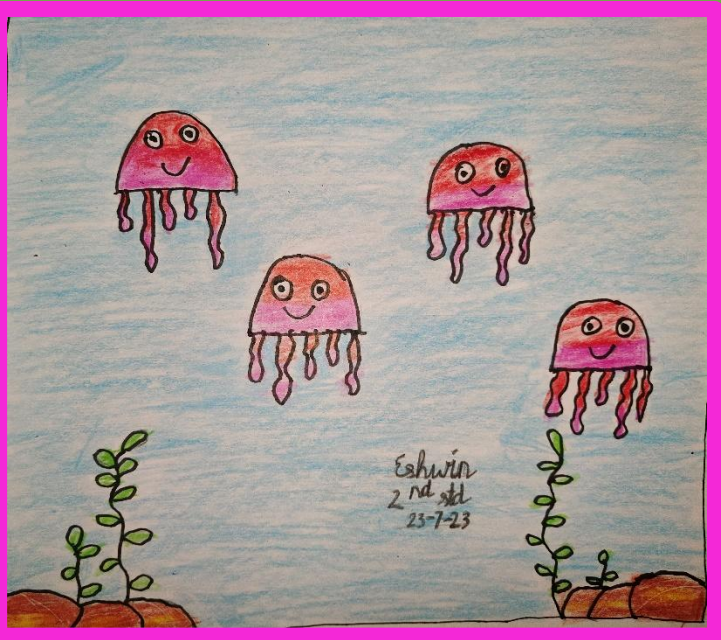
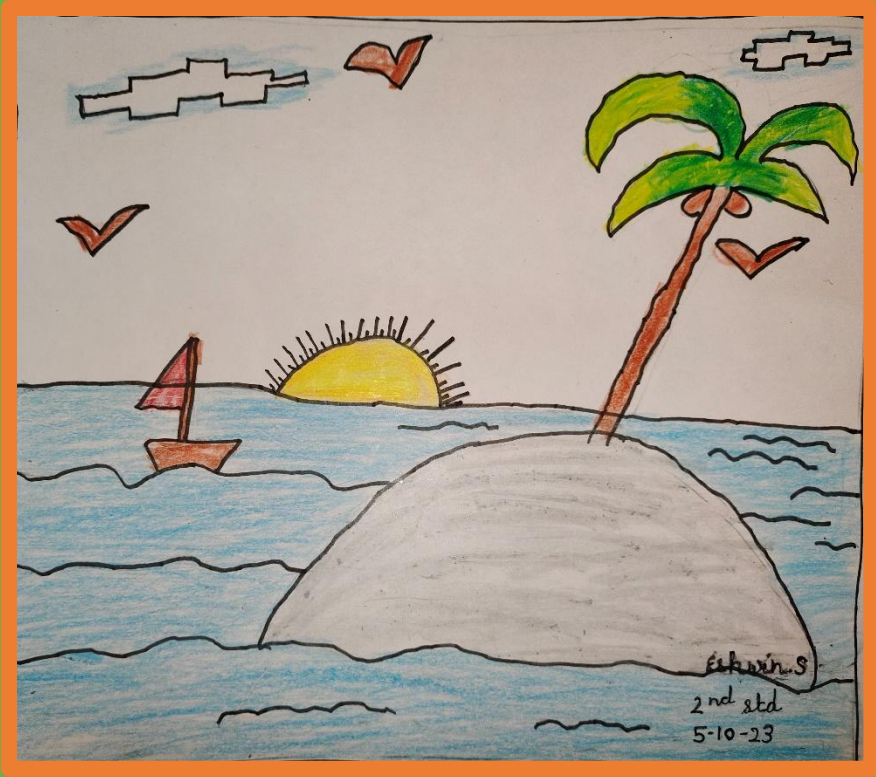
மூப நம் பி க் ககைகள்



## 20 படி கட் டு களி ல் மாற

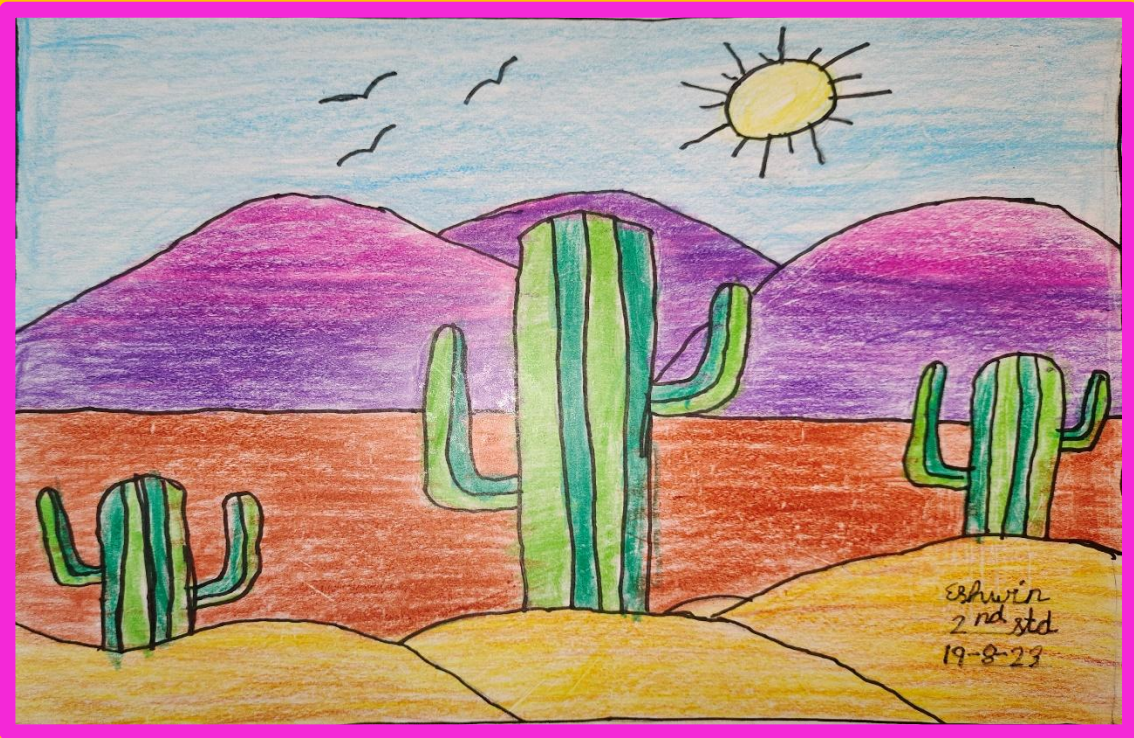
யநட் டு . தளேழி களடைர சி க் கணெ  
டே Salute வதைத் தபடி படி கட் டு கள்  
ஏறி னால் மாதல் மாடி இவளது இன் ன  
ரெு இல் லம் .  
மாத் துச் சி தறல் களாக பி ள் ளகை  
ளி ன் டு ன் ளகையி ல் மயங் கி யபடி  
யவே வகு ப் பறகைக் கு ள் நு ழுநைத் தா ள  
இன் று எப் படி யா ம் நல் லமா டி வா  
கத் தான் இரூ க் கு ம் தன் வலையை  
தைடெர் ந் தா ள் .  
தளேர் அரட் டயூ ம் உண் ணம் உண  
வி ன் செய் மா றவை ளக் கமா ம் , என்  
கண்பர் என் பி ள் ளகைஇந் தநாட் டி ன்  
இராசாக் களாக வு ம் , இளவரசர் க  
ளா வு ம் கதாபாத் திரங் களி ன் உள  
ளா ண் வடே , சலெல் லம் கதகை ளு க  
கு சலெவி சாய் த் து சி ரி த் து கொ  
ண்டே இரூ ப் பமே . என் இரண் டாவது  
இல் லம் , என் இரண் டாம் வாழ் க் கை  
என் இரண் டாவது பயணம் எல் லாமே ந  
ரெு க் கமாக இரூ ந் தது இன் று தூர  
மாக தரெரி ந் தது . மா டி வு கள் அறி வ  
கி க் கப் பட் டு வலையை ஏற் றத் தாழ்  
வக ளடே சூ மகை ள் பி ரி த் து வகு

# Master troke





# Master troke



SANVEL  
Bugle Newsletter

POEM-- Sweet Studies!

Studies is my daily fastime  
Its whole concepts sweet and sublime

At History's marvels we gasp  
Mathematics we find easy to grasp

Tamil stories float in our ears  
Chemistry formulas don't give us tears!

English grammar is a never ending mine  
Hindi is written on the top of the line

CSC has formulas, codes & more  
Geography lessons are never a bore!

Civics is all about Equality & Constitution  
In Biology we learn about spore formation

Physics is all about universal laws  
In Life Skills we learn our strengths & laws

Aptitude shortcuts are oh-so-cool  
Hey, do you know? Studies rule!

Aashni . S  
V-10



Aashni . S  
V-D



# Parent's Banter

This is my second visit to San project day and there are new activities displayed. The students display great skills as well as the teachers have put an extraordinary effort in organizing Parents: Krishna Kumar.s F/O Sriniketh.k

The activities done by kids are displayed in a very beautiful manner in the class. It was very informative and shows the talents of the kids. Kudos to the class teachers and their effort. It was very delightful to listen to all the kids talk about their learning activities. Excellent work by everyone thanks.

Parents of Ashley Maxraj

Today project day was really fun . overall the activities were enjoyable and students also came forward and explained about their project. Credit goes to all the teachers for their enormous amount of efforts and energy on making this day more memorable and enjoyable to all the parents and students. Thank you Parents of Adya Mohan sr.kg-A